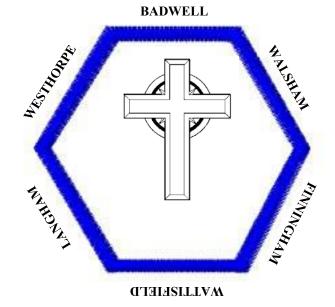
The Benefice of Badwell & Walsham

Rector:	Rev'd Philip Merry	01359 258806 07526 271784	
	(philipmerry@hotmail	••••••	
Retired Priest :	Rev'd Pamela Robsor (robsonpam@btintern		
Benefice Readers	Benefice Readers: lan Jackson 01449 781392		
Reader Emeritus: Freddie Montgomery			
Benefice Elders:	Marion Bell	01449 782072	
	Denise Merry	01359 258806	
	Jill Scarfe	01359 258849	
	Andrew Strickland	01449 781487	
Benefice Safeguarding Officer:			
	Tracey Gorzelak	01359 258529	

The Benefice of Badwell & Walsham



Hexagon December 2022 – January 2023

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie on 01359 259686 or debbiewatson2916@gmail.com

COPY DEADLINE Last date for items for inclusion in the next issue is Fri 5th Jan 2023

Advertise your fundraising or community event for free.

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FROM THE RECTORY

As you read this, we will already be in the Season of Advent, leading us onwards to Christmas. Advent always begins on the fourth Sunday before Christmas, and since the 4th Century has marked the beginning of the Christian year. The Liturgical colours in our churches are changed to purple, to signify a time of quiet reflection. The emphasis throughout the Season is on **hope**, as we prepare for the coming of the 'light of Jesus' at Christmas.

Advent is a season which looks back through history at the people who waited in darkness for the light of Christ to come, and which also looks forward to a time when there will be a far fuller light and all our darknesses will be illuminated; a second Advent. The word Advent has its root in the latin word 'veni,' and translates as 'coming,' and refers to the coming of Christ in every way. We think of the first coming of Christ in a manger in Bethlehem.

I have often said and written that this Season can be a very difficult and sad time for many. As we, in our daily lives give comfort and hope to those in our communities who are bereaved, lonely, busy, sick or troubled, these become small advents of our own in our daily encounters, reflecting the life, love and light of Christ.

On that first Christmas there was no room at the Inn for the baby Christ, but there will be room for everyone at our variety of different services at all our six Benefice churches as we join together in celebrating the birth of Jesus. There literally is room for all, because God welcomes each and every one of us. He does not want anyone to be turned away.





COMMUNITY YOGA FOR HEALTH

Walsham Community Yoga on Thursdays in the **Priory Room** from 7.15 to 9.15pm. This will be in adherence to COVID social distancing regulations.

Newcomers always welcome and no experience required

Please contact Julia (British Wheel of Yoga) 07980476140

dunnicliffej@hotmail.com

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For all of you reading this, whether your Christian faith is strong, faltering, or you have none at all, there will be a warm welcome at any of the Benefice Services this Advent and Christmas Season; be it a contemplative service of Compline, an informal Crib service, a choral carol service, or the mystery of the Communion service, including our informal Christmas Day Communions for all the family. A full list of services can be seen elsewhere in this magazine.

Just as Advent, amongst other things, is a Season of **hope**, so Christmas is a time to celebrate that hope. May the awareness of that Christmas hope be rejuvenated in our lives, those of our families, friends and communities, and across the wider world as we celebrate the birth of a child in a stable in a remote part of the world over 2000 years ago.

Denise and I wish all a Blessed Advent and Christmas Season.

Philip Benefice Priest

THE PRIORY ROOM WALSHAM LE WILLOWS WARM SPACE

The Priory Room will be open every Wednesday: from 30th November onwards 10.00am to 3.00pm. Tea, Coffee, Hot Soup and Bread Rolls will be available. Puzzles, Games, Magazines, Newspapers and some friendly faces!

> Any questions please call: Philip Merry on 07526 271784

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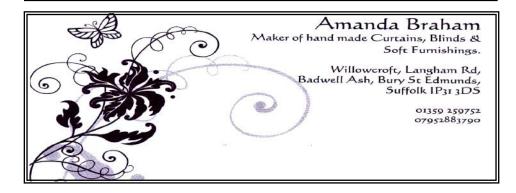


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FROM the REGISTERS

BAPTISMS

Eleanor Rose Casey	25/9/2022	Westhorpe
WEDDINGS		
Christopher James Lord/Mega	n Anne Walshe	
	20/8/2022	Walsham
Nicholas James Polston/Emma	a-Louise Ann Robinson	
	9/9/2022	Walsham
Timothy Jonathon Gilbert/Char	lotte Emily Turner	
	15/9/2022	Walsham
Phillip John Bennington/Angela	a Jane Nice	
	17/9/2022	Walsham

FUNERALS

Joan Margaret Clifton	Burial of Ashes	6/8/2022	Wattisfield
Mary Susan Bradley	Cremation/Mem	orial 2/9/2022	Walsham





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For current menus see our website www.theobaldsrestaurant.co.uk

Tel 01359 231707 68 High Street <u>Ixworth</u> IP31 2HJ

Community Council Food Bank



This facility is now open to provide emergency supplies to residents in Walsham le Willows, Badwell Ash, Finningham, Langham, Wattisfield and Westhorpe who need help during these difficult times

Please donate long life foods and personal hygiene products to our collection point in the Memorial Hall or contact us to arrange a collection.

If you're struggling for whatever reason please contact us for some supplies. All contact will be confidential so no one will know that you've asked.

To help, get involved or to discuss your needs please contact Amanda on 01359 258646 or email wlwcommunitycouncil@outlook.com

WATTISFIELD COMMUNITY CENTRE

Anyone wishing to hire the hall or for further information please

visit www.wattisfield.org.uk or

Email: wattisfieldcc@gmail.com

Pawfect Moments Dog Walking and Petcare (Badwell Ash and surrounding villages)



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I am available to walk your dog/dogs, provide doggy day care, pet sitting and home visits for feeding, medication and toileting.

I appreciate that all pets are different and have a variety of needs. Therefore I always start each new relationship with a free initial home visit. I am fully insured, have attended a Canine First Aid course and am currently studying with the British Canine College for a Diploma in Professional Dog Walking.

I'm looking forward to hearing from you.....



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Caroline Morris: 07843248411 cdv_11@hotmail.com Web address: pawfectmoments.co.uk Facebook: Pawfect Moments Pet Care

HAUGHLEY HOOFERS NORTH WEST MORRIS

Like music? Like dancing? Why not have a go at something a bit different? We're a friendly group, it's good exercise and it's fun! No experience needed and no obligation. New dancers and musicians welcome (portable acoustic instruments). Practice sessions from 18thSeptember 7.30 – 9 pm Haughley Village Hall, near Stowmarket. Ring 01449 766747 (Sue) or 01449 673518 (Gill) to find out more.

Women's Aid

A bit of an unusual request but.....does anyone have any Barbie dolls clothes that they no longer need? We have several excellent Barbies that are well loved by the children living in refuge but currently, their wardrobes are looking a little tired/absent!

Please share widely and if you are able to assist, please contact me on 01359 258596. Happy to collect.

Many thanks Jeannie Bloomfield. Patron. Bury St Edmunds Women's Aid

DID YOU KNOW?

Christmas Trees Nearly 60 million Christmas trees are grown each year in Europe.

Carols. Carols weren't sung in churches until they were introduced by St Francis of Assisi in the 13th Century.

Stockings Hanging stockings out comes from the Dutch custom of leaving shoes packed with food the St Nicholas's donkeys. He would leave small gifts in return.

Mince Pies Although now mostly vegetarian, in Victorian times, mince pies were made with beef and spices.

Tangerines The tradition of putting tangerines in stockings comes from the 12th century French nuns who left socks full of fruit, nuts and tangerines at the houses of the poor.

Noel The word derives from the French expression "les bonnes nouvelles" or "the good news".

Holly The holly in a wreath symbolises Christ's crown of thorns while the red berries are drops of his blood.

Banning Christmas In 1647, after the English Civil War, Oliver Cromwell banned festivities. The law wasn't lifted until 1660.





WALSHAM LE WILLOWS COMMUNITY COUNCIL FOOD BANK UP DATE

We would rather there was no need for food banks at all but right now we are on the front-line of this cost of living emergency, we have no other option.

We, like all the other food banks, are bracing ourselves to meet what feels like "a tsunami of need." The Food Foundation published data on the 18th of October that shows the UK is experiencing alarming levels of food insecurity and it is UK wide, not just as some mistakenly believe, in the big cities and towns. Rural poverty is a hidden but very real emergency too.

We work with other organisations, churches and agencies to offer support for those in our community in need of emergency food. Those in need are identified by and referred to us by these organisations and local care professionals. To solve longer term issues, we work with other appropriate agencies. In September we gave out the highest amount since we opened during the Pandemic, with 927.98 kg going out. There have been lots of harvest festival donations from Walsham and Stanton school, which were just in time as our stocks were getting very low. We are always so overwhelmed by the generous community around us. Thank you all who have and do donate and those that plan to, we and those we help really appreciate your kindness and generosity.

We are starting preparations for Christmas food bank drops. If you are able to, please drop off something from the list below or something else Christmas related, to one of our donation points inside village churches, Walsham-le-Willows sports club, the Walled garden in Langham or at the village hall in Walsham during coffee shop on a Thursday. We get referrals for all sizes of family and dietary needs, so please any size boxes, vegan, gluten free, multi packets will all find a food bank box to go in and help make someone's Christmas better.

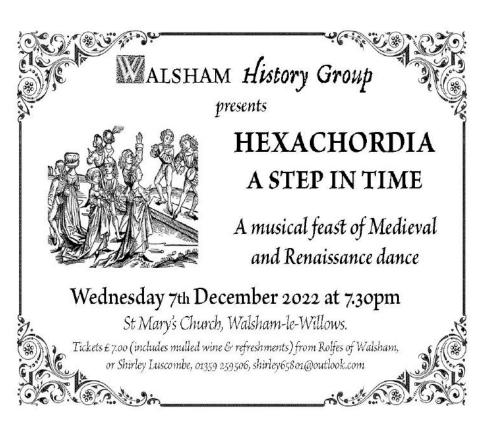
Christmas cake / iced buns Tins of salmon Gravy or packets of stuffing mix



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Tin/cartons of custard. Birds trifle mix Packets of crisps, twiglets, cheese savouries etc Christmas log Instant hot chocolate Variety pack of cereals Large tins of ham or corned beef Packets of jelly or Angel Delight Packets of nuts, Pringles and biscuits for cheese Chocolate coins Christmas pudding Mince pies

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OCTOBER JIGSAW SALE



Over 250 jigsaw puzzles were donated to the Jigsaw Sale held on Sat 8th October. Thank you to all the generous people who provided them.

Special thanks to everyone who helped on the day with the refreshments and setting/clearing up.

A total of £690 was raised for the Motor Neurone Disease Association.



Thank you all for your support. Debbie Watson



Beginners Guitar Ricky Wilkinson MBE <u>ricky5844@aol.com</u>

Learning Folk Guitar for children year 2 and up.



Hi. My name is Ricky Wilkinson and I live in Westhorpe. Until lockdown I was teaching guitar in Guildhall Feoffment Primary School in Bury St Edmunds. I also run Phoenix Children's Folk Group based in Bury St Edmunds. Members learn to play and sing plugged in to our sound system for charities, festivals and various concerts.

In Folk Guitar children learn songs to sing accompanied by a variety of plucks and strums on guitar to enable them to perform solo or in a group. My Phoenix group performed all the music for Langham Church Carol Service last Christmas on 12th December 2021.

If you know a child who would like to learn to play guitar and sing so they can perform, please email me for further details. I can give private lessons in your home or if there are 6 or more wishing to learn I can use Westhorpe village hall at a suitable time after school which would be much cheaper than individual private lessons. I am DBS checked to teach guitar and run the Phoenix group. Parents are always welcome to stay and watch. ROLLERSVERTICALS

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Neighbourhood Watch Wattisfield

Pleased to report there has been no incidents but speeding around the village is not acceptable and it would be appreciated that you drive with caution. With the darker nights now ensure that your vehicle lights are in good working order.

To home owners please be aware all doors and windows are locked also when lighting candles they are in a safe place.

On behalf of Safer Neighbourhood we wish you a safe and prosperous new year.



WALSHAM - LE - WILLOWS MEMORIAL VILLAGE HALL

Walsham le Willows Memorial Village Hall is a COVID Secure venue and is available for hire email ferretjim@msn.com or tel 01359 258646 There are also a variety of activities happening at the hall:

Community Lunch 12.45 pm (second Monday of each month) Contact : Shirley White tel 01359 258532

Self Defence Class Tuesday 6.30pm Contact: Andy at info@rbmdymamics.com

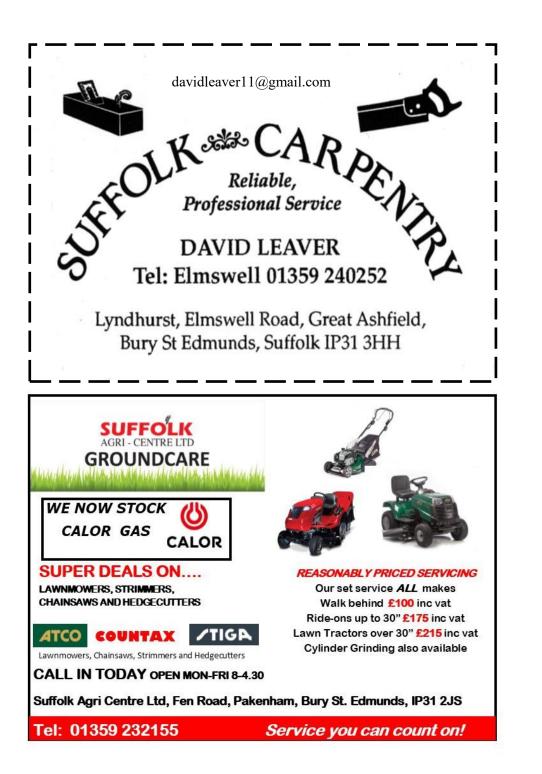
Pilates Wednesday 9.15am -10.15am Contact: Lara at contact@larapepper.com

Coffee shop Thursday (weekly) 10.30am - 12 noon Home-made cakes and savouries, teas, coffee and cold drinks. All welcome

Post Office Van Thursday (weekly) in the village hall car park 11am - 12 noon.

Saturday (last Saturday of each month) BASIC LIFE Pop up shop 10am - 12 noon Pay £2 for a bag, then help yourself to whatever we have, being mindful of others.





Walsham le Willows and District WI October 2022



We were previously puzzled about the title of this talk. 'The Girls of Little America'. In the event all was expertly revealed in Sophie Green's impressively detailed talk. 'Little America' was wartime Britain and the 'Girls' were an army of American women who volunteered for military service, many as nurses or in the Army Corps or as volunteers for the Red Cross. Sophie's talk was illustrated by many photos of the local large houses in East Anglia that became hospitals or rehabilitation entres for the duration and the local airfields that received casualties flown in , many often from the battles in the Ardennes. To illustrate the different arms of the services Sophie unpacked a quartet of figures in authentic uniforms so lifelike one almost expected them to salute. The numbers of women posted overseas was surprisingly large and they put up with accommodation in some very basic barrack huts. A multitude of roles became theirs. Some staffed the mobile canteens created inside what were commandeered Green Line Buses but now used to reach soldiers and airmen out on the airfield runway, who could not leave their posts for Coffee and Donut Breaks! It was indeed 'Little America'. It was a hugely impressive contribution to the winning of the war.

Jill Newell

PROGRAMME OF EVENTS

December 14 Make Do and Mend - Amanda Sutherland 7.45pm

> January 11 Birthday Party Priory Rooms 7pm for 7.15pm

NEW MEMBERS ALWAYS WELCOME Ladies are able to attend 2 meeting free of charge before joining

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BADWELL ASH VILLAGE HALL

Christmas Coffee Morning Brunch

2nd December 2022 10am till 2pm

Sausage Rolls, Bacon Rolls, Teas, Coffees, Mince Pies and Cakes Grand Raffle Meet your friends and neighbours. Enjoy the Christmas Spirit

ST MARY'S CHURCH AND CHURCHYARD

WALSHAM LE WLLOWS

SATURDAY 3 RD DECEMBER FROM 2PM

CHRISTMAS FETE



with

The School Choir.....Children's Christmas themed Carft making..... Refreshments.....Mulled Wine Real Ale.....Pizzas.....A Big Raffle.....Tombola Art Display.....Christmas cards and Gifts AND the return of the Walsham Male Voice Choir FREE ENTRANCE A wonderful way to start the Christmas festivities Philip Merry 07526 271784

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Phone: 01359258702

email: <u>sarah.littlewillows@googlemail.com</u> or <u>office.littlewillows@gmail.com</u> Charity number:1050897

THE WESTHORPE TRUST

The Westhorpe Trust is made up of several historic funds. The oldest is from the will of Richard Brown in 1641, who lived in Westhorpe and left ten shillings a year to the poor of the parish. Income also came from the properties at Town Yard which in the 19th century contained the parish workhouse and some arable land at Botany Farm, Walsham le Willows.

The Trust's income is divided into three parts all for the benefit of the inhabitants of the parish:

1. Westhorpe Parochial Church Council for the upkeep and services for St Margaret's Church.

2. The **Education Foundation** which gives every child a book token at Christmas. Those at university, college or other forms of Further or Higher Education or apprenticeships are given grants each academic year towards tuition fees, travel expenses, books, computers and other essential equipment. Help is also offered with other expenses such as school uniform, books and possibly school trips for those in nursery, primary and secondary school as well as others taking educational courses.

3. The **Village Fund** provides family and personal grants for any kind of assistance, emergency payments, help with transport and heating costs, grants towards village events and many other things which need funding and are of benefit to the parish.

If you feel the Trust can help you or your family, an application form is available to download from the village website: <u>www.westhorpe.onesuffolk.net</u> or get in touch with the Secretary – details below. We also work with the Community Council Food Bank in Walsham.

All applications are treated in the strictest confidence

Secretary, The Westhorpe Trust, Westhorpe Lodge, Westhorpe, Stowmarket IP14 4TA. Tel: 01449 781078, Mobile: 07876 496065, Email: <u>claire@ejbarker.co.uk</u> Registered Charity number: 263332

CHRISTMAS PLANTS



Christmas Trees

The Christmas tree culture has only been with us since the 19th Century but trees have played a significant part in festivals and rituals since pagan times when evergreen trees such as yew were decorated with gifts or offerings to various gods. It is believed that many early churches were built on ancient ceremonial sites that already had well established yew trees growing on them.

During Saturnalia the Romans fixed candles, small ornaments and masks of Bacchus (Roman god of wine) to pine trees. In Scandinavia trees were decorated with apples and cake to honour Odin. Fir trees were decorated in Germany as early as the 17th Century as part of the Christmas celebrations.

It was Prince Albert, husband of Queen Victoria, who really brought the concept of the Christmas tree to this country. Influenced by his German childhood, he included a decorated tree in the royal Christmas decorations of 1841, thus popularising the idea. The British public was fascinated and since then the popularity of Christmas trees has grown almost annually.

Holly

Holly is considered to be a lucky plant and to have healing powers but is still little used medicinally today. Traditionally it was planted near the house to protect the family living there. Druids decorated their dwellings with holly and berries. The greenness of holly during the bleak winter months signified the fact that the gods kept life going, and from the red berries came the hope of growth and harvest for the next seasons.

Interestingly, early Christians identified the prickles on the leaves with the crown of thorns, and the berries with blood of Christ – a reminder of His untimely death but not used in Easter celebrations!

Ivy

Grown by the Greeks and the Romans, ivy was regarded as the feminine plant to complement the masculinity of the holly. In Roman times it was used to honour the spirit of merry making but because it was associated with Bacchus and drunkenness, it was banned from Christian homes. More recently ivy growing against the wall of a house was said to guard against witches. It was also considered to have magical and healing powers.



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Mistletoe

Almost the one that got away! Regarded as a holy plant by the druids, this led to it being banned from inside Christian churches. In Norse mythology a bough of mistletoe was used to slay Balder, the god of peace. It was then entrusted to the goddess of love, and kissing under it became compulsory.

Many other countries moved away from using mistletoe at Christmas, but Britain has stuck firmly to this pagan tradition. Mistletoe was considered lucky with healing and protective powers. Hanging mistletoe in your doorway showed goodwill towards your visitors whilst kissing beneath it was a pledge of friendship.

Rosemary and Bay

These are two evergreen herbs associated with pagan winter festivals that were popular before Puritans banned Christmas celebrations in the 17th Century. Bay was used in honour of the spirit of merriment (like ivy) and rosemary was popular because it was the sign of remembrance.

Christmas Cacti

These are jungle plants that flower in the winter. In their first year, bought from the shop in bud, they will flower at Christmas. But be warned, commercial growers are very clever at achieving this. In following years, the plants are more likely to flower later in the spring term. There is little tradition about them except for their alleged time of flowering.

Poinsettias

Like many things, commercial poinsettias have been developed in the USA, coming originally from wild, two metre high shrubs found in Mexico. They have increased enormously in popularity in the last 30 years as production techniques have improved and cheap air transport has become available. Poinsettias are grown by limiting their daylight hours (10 hours light & 14

Date for Your Diary

The annual Badwell Ash Village Quiz will return on Friday 17 March 2023, for its 25th year, so polish up your general knowledge over the winter months! Full details in the next Hexagon.

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7.20 p.m. Wednesdays 9:15 a.m. Wednesdays 10:15 a.m. Wednesdays 12:15 p.m.

TOTAL FITNESS (45 mins):

Gislingham Village Hall Gislingham Village Hall

Thursdays 6:15 p.m. Thursdays 7:15 p.m.

GENTLE FITNESS (45 mins) Westhorpe Village Hall Fridays 10:00 a.m.

Come and give them a try!

For more information contact Becky on 07734 414151/beckycruickshank@btinternet.com

CHRISTMAS CRACKER JOKES What do elves like to post on Social Media? - Elfies What sort of athlete is warmest in winter? – A long jumper What do you call a snowman after winter? – A puddle What do snowmen like to do at the weekends? – Chill out Why are Christmas trees so bad at sewing? – Because they're always dropping their needles Where do unhealthy elves go to get fit? – An Elf Farm

WALSHAM LE WILLOWS SPORTS CLUB

Walsham Sports Club in Summer Road is a thriving local community facility offering sporting/exercise opportunities to everyone.

Regular Weekly Activities

Walking Netball Tuesday 10 – 11am & Thursday 6 -7pm Senior Football (over 40's) Monday 8-9 pm Senior Football (over 50's) Tuesday 2-3pm Otago (chair based exercise) Wednesdays 11.30 -12.30pm Indoor bowls Wednesdays 2.30 - 4.30pm Walking Football Thursdays 2-3pm Yoga Thursday 1.15- 2.15pm Cardio Tennis Friday 12 – 1pm



Social Events December 22 / January 2023

Sunday night Bingo 4th December 7pm start **Christmas Bingo & Raffle** Sunday 18th December 7pm start

Gordon's Quiz night Friday 27th January 2023 7.30pm start entry £10 per team

For further information and to check for any at/time changes for events please visit our website https://walshamsportsclub.co.uk or contact Jan 07874898825.



***** GISLINGHAM PLAYGROUP *****



We provide a safe, warm friendly and caring setting for children aged 2-5 years, in a brand new purpose-built building on the same site as Gislingham CEVP School, with whom we work closely to provide an excellent education.

> Breakfast Club 8.00am – 8.45am Morning 8.45am to 11.45 am

Lunch Club 11.45am to 12.45pm Afternoon 12.45pm to 3.45pm

"The well-qualified staff have a good knowledge of how children learn. They carefully organise the indoor and outdoor learning environment so that children enjoy free access to a wide range of toys and resources" Ofsted December 2015

Please visit our website <u>www.gislinghamplaygroup.com</u> or phone us on 01379 788934

Westhorpe Village Hall Church Rd, Westhorpe, Stowmarket IP14 4SY Sunday 4th December, 3.30pm

Tickets £10 including a glass of mulled wine and a mince pie during the interval | Refills also available to purchase | Doors open 3pm |Raffle in aid of village hall funds. Bookings: <u>wvhbooking@hotmail.com/0792415205</u> (money taken on the door)



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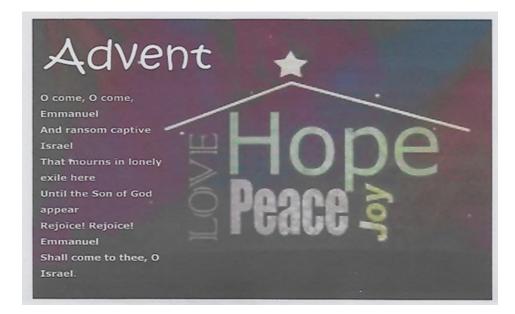
The Rickinghall & District Community Bus is available for hire to readers of this publication. Typical journeys include - shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

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Advent prayers based on the Advent antiphons

These are prayers based on ancient traditional prayers, and well known in Latin within Christian communities by the eight century. They are drawn from a series of biblical texts that offer us ways and names by which and through which to think of the coming Christ. They are best known today in the Advent hymn 'O Come O come Emmanuel'.

You may like to pray them as part of your Advent spiritual discipline:

O Wisdom

Come to us, Wisdom from on high, help us to order our lives with thoughtfulness. Amen. Ecclesiasticus 24.3; Wisdom 8.1

O Lord Adonai

Come to us, Lord and leader of your people. Save us from our sins. Amen. Exodus 3.2; 24.12



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O Root of Jesse Come to us, Root of Jesse and be a sign. Come quickly to save us. Amen. Based on Isaiah 11.10; 45.14; 52.15; Romans 15.12

O Key of David Come, Key of David, release us from all that imprisons us. Amen. Isaiah 22.22; 42.7

O Morning Star Come, Morning Star, shine your righteousness upon us and lighten our darkness. Amen. Malachi 4.2

O King of the nations Come, King of the nations, Christ, our cornerstone, come to save your people. Amen. Isaiah 28.16

O Emmanuel O come, O come, Emmanuel, our King, our Teacher, our Hope and our Saviour. Come and save us. Amen. Isaiah 7.14







Readings for December

Sunday 4th

Isaiah 11: 1-10 Psalm 72: 1-7, 18-19 Romans 15: 4-13 Matthew 3: 1-12

Sunday 18th

Isaiah 7: 10-16 Psalm 80: 1-8, 18-20 Romans 1: 1-7 Matthew 1: 18-end

Christmas Day

Isaiah 62: 6-end Psalm 97 Titus 3: 4-7 Luke 2: 8-20 **Sunday 11th** Isaiah 35: 1-10 Psalm 146: 4-10 James 5: 7-10 Matthew 11: 2-11

Christmas Day

Isaiah 9:2-7 Psalm 96 Titus 2: 11-14 Luke 2: 1-14

Christmas Day

Isaiah 52: 7-10 Psalm 98 Hebrews 1: 1-4 John 1:1-14

Readings for January

Sunday 1st Numbers 6: 22-end Psalm 8 Galatians 4: 4-7 Luke 2: 15-21

Sunday 15th

Isaiah 49: 1-7 Psalm 40: 1-12 1 Corinthians 1: 1-9 John 1: 29-42

Sunday 29th

Malachi 3: 1-5 Psalm 24: 7-end Hebrews 2: 14-end Luke 2: 22-40

Sunday 8th Isaiah 60: 1-6

Psalm 72: 10-15 Ephesians 3: 1-12 Matthew 2: 1-12

Sunday 22nd

Isaiah 9: 1-4 Psalm 27: 1, 4-12 Corinthians 1: 10-18 Matthew 4: 12-23

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If you need help please contact Jayne for further details on: 07983648702



MINCEMEAT, CRANBERRY AND MARZIPAN PIE

INGREDIENTS

500g ready-made sweet shortcrust pastry 150g marzipan, grated 400g jar mincemeat 100g cranberries 50g icing sugar for dusting



METHOD

- 1. Cut the pastry in two. Wrap one half and set aside. Roll out the other half to line a 22cm loose bottomed tart tin leaving any excess hanging over the edge.
- 2. Scatter the marzipan over the base. Add the mincemeat and top with the cranberries.
- 3. Roll out the remaining pastry to the thickness of a £1 coin. Cut into 1.5cm strips. Weave the pastry strips over the pie to create a lattice pressing down the edges to seal with the base. Trim off the excess pastry.
- 4. Chill for 20 mins and heat over to 180C/Fan160C/Gas 4. Bake for 45 minutes until golden. Cool for 15 mins in the tin, transfer to a plate and dust with icing sugar.





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Wattisfield URC Services

Date	Time	Service details
December 4 th	11am	Holy Communion
11 th	11am	Morning worship with Thetford URC
18 th	11am	Christmas carols and stories - All ages welcome (followed by hot chocolate and mince pies)
25 th	10-10.40am	Christmas Day family service
January 1st		No service
8 th	11am	Morning worship
15 th	11am	Holy Communion – Service of Reaffirmation
22 nd	11am	Morning worship
29th	11am	United service for Candlemas at St Margaret's – no service at URC
February 5th	11am	Holy Communion

Please contact Mrs Jo Patel on 07808 487844 for more information.

The PUDDLE DUCK CAFÉ is open on the 1st & 3rd Saturdays of the month at 10.30am-12.30pm

Saturday 3rd December PUDDLE DUCK CHRISTMAS LUNCH from 12pm - **no Puddle-Duck café**. Please book your place with Mary or Jo £7 pp

Wed 14th December 1.30–3.30pm CrafTea time in Connie's Room

Sat 17th December 10.30am-12.30pm PUDDLE DUCK CAFÉ

Senefice Services Deceember 2022

4 th December	2 nd Sunday of Advent	
8.00am	Holy Communion	Walsham
11.00am	Holy Communion	Finningham
11 th December	3 rd Sunday of Advent	
9.30am	Holy Communion	Westhorpe
11.00am	Holy Communion	Walsham
2.30pm	Carol Service	Langham
13 th December	Tuesday	
7.00pm	Compline	Walsham
18 th December	4 th Sunday of Advent	
8.00am	Holy Communion	Walsham
3.00pm	Carol Service/Christingle	Finningham
6.00pm	Carol Service	Walsham
20th December 7.00pm	Tuesday Carol Service	Wattisfield
7.00011		Wattisheid
22 nd December	Thursday	
6.00pm	Carol Service	Westhorpe
24 th December	Christmas Eve	
9.30am	Morning Prayer	Walsham
3.30pm	Crib Service	Walsham
5.00pm	Carol Service	Badwell Ash
11.15pm	Christmas Eve Mass	Walsham

Senefice Services December 2022 / Sanuary 2023

25 th December	Christmas Day		
8.00am	Holy Communion	Badwell Ash	
9.30am	Family Communion	Finningham	
11.00am	Family Communion	Walsham	
1 st January	2 nd of Christmas/New Years Day		
11.00am	Holy Communion	Walsham	
8 th January	Epiphany		
11.00am	Holy Communion	Walsham	
4			
15 th January	2 nd Sunday of Epiphany		
8.00am 9.30am	Holy Communion Holy Communion	Walsham Westhorpe	
11.00am	Re-Affirmation Service	Wattisfield URC	
22 nd January	3 rd Sunday of Epiphany		
8.00am	Holy Communion	Walsham	
9.30am	Family Service	Badwell Ash	
11.00am	Holy Communion	Finningham	
29 th January	Candlemas		
8.00am	Holy Communion	Walsham	
11.00am	Holy Communion	Wattisfield	
3.00pm	Evensong	Westhorpe	

Benefice Gervices February 2023

5 th February	3 rd Sunday before Lent	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Finningham
11.00am	Songs of Praise	Walsham



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<u>THE EPIPHANY SINGERS'</u> <u>CAROL CONCERT</u> <u>St Mary's Church</u> <u>Walsham le Willows</u> <u>Saturday 7th January 2023</u> <u>at 7.30 p.m.</u>

If you enjoy beautiful Christmas Music and the most wonderful singing, this is an evening not to be missed.

Tickets are not required. There will be a retiring collection.

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Music in St Mary's Walsham

December

Wednesday 7th December: The Walsham History Group present Hexachordia 7.30pm; tickets from Rolfe's

January 2023

The much-anticipated return of the Epiphany Singers! Saturday 7th January: Concert 7.30pm, no tickets, but a retiring collection.

Sunday 8th January: Sung Eucharist 11.00am

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Gislingham CE Primary School



Additional Community Governor

Gislingham CE Primary School is seeking an additional Community Governor to join our School Governance Committee. The position is for one year or longer and full training is provided.

The committee works with Mr Richard Benstock the Headteacher to set the vision, ethos, and strategic direction of the school. The committee supports and at the same time challenges the headteacher to ensure that the highest standard of education is delivered to the pupils and the funding the school receives is spent in the most effective way. The committee works to ensure the school achieves its vision of providing a safe, inclusive, challenging and stimulating learning environment where everyone is valued, and children thrive.

We have two meetings per term but visit the school for monitoring areas such as safequarding, the curriculum, health and safety. We welcome people from all backgrounds and experience.

If you feel you could spare some time and help us support and develop our school community further, please contact Mr Richard Benstock on 01379 783283 or gislingham@tilian.org

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