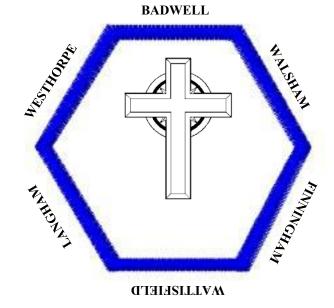
The Benefice of Badwell & Walsham

Rector:	Rev'd Philip Merry			
	(philipmerry@hotmail.	07526 271784 co.uk)		
Retired Priest :	Rev'd Pamela Robsor (robsonpam@btintern			
Benefice Readers	Benefice Readers: Ian Jackson 01449 781392			
	Freddie Montgomery	01359 240271		
	(freddiem1@timetalk.	co.uk)		
Benefice Elders:	Marion Bell	01449 782072		
	Denise Merry	01359 258806		
	Janet Kerridge	01359 259563		
	Jill Scarfe	01359 258849		
	Andrew Strickland	01449 781487		
Benefice Safeguarding Officer:				
	Tracey Gorzelak	01359 258529		





Hexagon October-Kovember 2020

HEXAGON

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine to the Editor: Debbie @ debbiewatson2916@gmail.com or ring 01359 259686

COPY DEADLINE Last date for items for inclusion in the next issue is Fri 6th November 2020.

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FROM THE RECTORY

HARVEST THANKSGIVING

Due to restrictions in numbers allowed to attend church services, and the ban upon singing, our Harvest Festival celebrations as we traditionally know them have largely been put on hold for this year. This has sadly included the postponement of the Walsham School church service; but I am pleased to be able to hold Harvest Thanksgiving within the school.

Some form of Harvest Thanksgiving has surely been celebrated ever since human beings first planted seeds, cut the heads of grain and stored them to use through times of scarcity. Even in the secular world of the 21st century, Harvest Festivals come close to Christmas and Easter as the most popular time for attending church.

However, Harvest Thanksgiving Services as we know them today are a relatively modern addition to the church calendar. Their origins are traced back to the adaption in 1843 of Lammas Day by the Reverend Robert Hawker, known as 'Parson Hawker,' a somewhat eccentric Priest in the Parish of Morwenstow in Cornwall. A deeply compassionate man whose cliff top hut in which he wrote poetry is now the smallest property in the National Trust portfolio. It was he who determined that Harvest should be celebrated on October 1st each year, as a time to be grateful for all the gifts of God's creation.



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Parson Hawker died in 1875, having become a Roman Catholic upon his deathbed. He was buried in Plymouth, where at his funeral the mourners wore purple instead of the traditional Victorian black.

During the Victorian era Harvest Festival Services became more popular, with harvest hymns being written such as 'We Plough the Fields and Scatter,' along with others introduced from the Dutch and Germans.

Most people no longer have any direct links with farming as they did in Parson Hawkers time, and folk memory may well be fading of the communal importance of local harvests. However, the agricultural heritage is still strong in rural England, and we very much appreciate the hard work and dedication of farmers, their employees, along with all who are engaged in the food chain to bring the meals to our tables.

And yet whether we declare ourselves Christian or of no faith, Harvest affords us the time to reflect upon those who are going hungry and for whom eating a meal may so often be a luxury. We remember our brothers and sisters in poorer countries for whom the success or failure of the harvest really is the difference between life and death. For all generations a reminder is also appropriate of the basic humble elements of soil, water and grain upon which we all depend.

Harvest is a wonderful opportunity to give thanks for all the wonderful gifts of creation and to reconnect with our place as stewards of that creation.

Philip Benefice Rector



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FROM THE REGISTERS

Weddings

Connor Leonard Rogers/Indianna Kerry 4th July 2020 Walsham Adam Karl Miller / Mikayla Felicity Good 18th July 2020 Badwell Ash

Funerals

Colin James Brown Florence Louisa May Ga	5	Walsham Westhorpe	Cremation Cremation
Cyril Arthur Noel Matthe		Westhorpe	
Derrick Pitt	23 rd July 2020	Walsham	Burial of Ashes
Jean Ellen Goodwin	28 th July 2020	Badwell Asl	
Colin James Brown	29 th July 2020	Walsham	Burial of Ashes
Maureen Sarah Brown	29 th July 2020	Walsham	Burial of Ashes
Noel Roy Hubbard	5 th August 2020	Walsham	Burial of Ashes
Ann Austin	6 th August 2020	Walsham	Burial
Terrence Charles Clancy	/ 15 th August 2020	Walsham	Burial of Ashes
Rosemary Stevens	20 th August 2020		
David Bell	24 th August 2020	Finningham	Burial of Ashes

ALL SOULS SERVICE

The annual service to commemorate those who have died will take place in Walsham Church at 7.00pm on Monday 2nd November. If you are not attending but would still like a candle lit and names read out please do let me know.

Philip Benefice Rector



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REMEMBRANCE SUNDAY SERVICES

At the time of writing numbers permitted to gather in churches for services are still very much limited with no singing allowed. As such, Remembrance Sunday Services on November 8th this year may have to be restricted to Acts of Remembrance around the respective War Memorials. Information will be placed on church notice-boards nearer the time.

HEXAGON MAGAZINE VACANCY

Would you like to be involved in the publication of the Hexagon. We are currently seeking somebody to print off 800 copies in our printing room every other month. If this is something you feel that you could give a few hours towards, 6 times a year. Please contact for further information. 07526 271784 Philip

ROYAL BRISTISH LEGION POPPY APPEAL

The British Legion have decided that there will be no local door to door collection this year, in fact no boxes in places like Rolfes or Clarkes or the pubs. They are going to concentrate on the large supermarkets for donations Please support this worthy cause.



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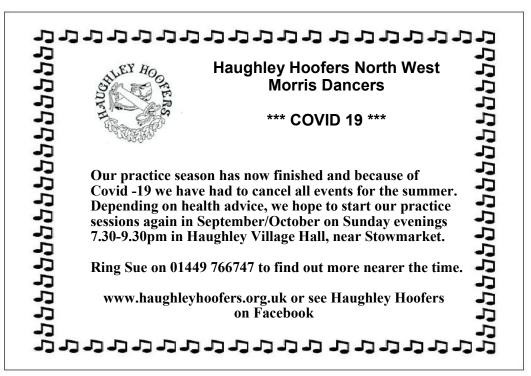
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Caroline Morris: 07843248411 cdv_11@hotmail.com Web address: pawfectmoments.co.uk Facebook: Pawfect Moments Pet Care



Macmillan Coffee Morning

Due to the current climate the Macmillan Coffee morning that usually takes place in September has now been rescheduled for March 2021 when hopefully we will be in a better position for it to be well supported.

Further details will be published nearer the date.

Many thanks. Jeannie Bloomfield



Walsham Le Willows 200 Club

Thank you to everyone who contributed to the 200 club.

The remaining monies will be distributed as follows.

The Church The school The local food bank.

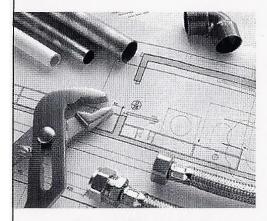
There will be three draws details of which will be published in the December edition of the Hexagon.

Keep safe. Jeannie Bloomfield.

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WATTISFIELD COMMUNITY CENTRE

Although Wattisfield Village Hall and play area are currently closed, the recreation ground is still open for you to enjoy, relax and exercise – whether gently or energetically!

The committee sends you all best wishes to keep safe and well and

We are really looking forward to being able to get back together again.

Hymn Quiz

How many hymns can you find from just their first and last words, without looking in a hymnbook? Choruses and 'floating' alleluias not included.

1.	Now evermore	2.	Unto asunder
3.	God plain	4.	Love praise
5.	Be all	6.	Lord Lord
7.	Christ run	8.	Amazing begun
9.	When all	10.	All light
11.	0 home	12.	And own
13.	God beauty	14.	Christ love
15.	Morning day	16.	Great beside!
17.	Angel thee	18.	In heart
19.	All thee	20.	Guide thee

4 th October	17 th Sunday after Trinity	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe
7 th October	Wednesday	
9.30am	Holy Communion	Finningham
11 th October	18 th Sunday after Trinity	
8.00am	Holy Communion	Badwell Ash
9.30am	Holy Communion	Walsham
18 th October	St Luke	
9.30am	Holy Communion	Walsham
3.00pm	Evensong	Westhorpe
21 st October	Wednesday	
9.30am	Holy Communion	Finningham
25 th October	Bible Sunday	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion Badwell As	
1 st November	All Saints Day	
8.00am	Holy Communion	Walsham
9.30am	Holy Communion	Westhorpe

Benefice Berrices Kovember 2020

2 nd November	All Souls Day	
7.00pm	Remembering the Departed	Walsham

Wattisfield URC services October / November 2020

Date	Time	Service details
October 4 th	11am	Harvest Thanksgiving & Gift Day
Wed 7 th	7.15pm	Short service and auction of harvest produce for the Food Bank
11 th	11am	Holy Communion
18 th	11am	To be confirmed
25 th	10.45am	Service at Diss URC No service at Wattisfield
November 1 st	11am	Holy Communion
8 th	10.50am	Remembrance Sunday service at St Margaret's No service at URC
15 th	11am	Morning worship
22 nd	11am	To be confirmed
29 th	11am	To be confirmed
December 6 th	11am	Holy Communion

The posters on the 2 notice boards – outside St Margaret's and the URC – are kept up to date for anyone who might want to know what's happening on any of the To Be Confirmed dates.

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The Parish of Walsham-le-Willows has joined with the Archbishop of Canterbury in his initiative to offer an alternative to Pay Day Loan Companies.

The Archbishop of Canterbury has endorsed and promotes Credit Unions nationwide. We had visits from the Ipswich and Suffolk Credit Union during the year 2014. As a result we now have two Walsham-le-Willows Parish members as Credit Union Representatives for anyone in the Benefice with any interests.

They are as follows:

Fred Bloomfield 1 Church View Cottage The Causeway Walsham-le-Willows Bury St Edmunds IP31 3AB Ann James The Thumbit Walsham-le-Willows Bury St Edmunds IP31 3BT Tel: 01359 259414

WATTISFIELD TOWN ESTATE CHARITY

This Charity administers a modest income from lands given by the Rust, Osborne and other families of Wattisfield for the benefit of the inhabitants of the Parish.

Grants are given in cases of financial hardship, for example due to serious illness, accident, redundancy or bereavement. We have also given grants for unexpected travel expenses.

Any residents of the Parish who do find themselves in financial difficulty may apply directly to the Charity and each case will be assessed on its own merits and in confidence.

To obtain an application form please write to: -The Trustees, Wattisfield Town Estate Charity, Hall View House, Chapel Road, IP22 1NU

Or by email: wattisfieldtec@btinternet.com

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Walsham le Willows and District WI



September 2020

In common with many other village activities the WI has begun to emerge from the enforced hibernation of lockdown. A rainy Wednesday saw eleven members dutifully socially distanced sitting beneath a very useful canvas cover on the sports field. Miserable weather but lively chat and happy laughter as friends who had not met for several months greeted one another. No business and no speaker but plenty to enjoy in each other's company.

Following the success of this the WI Committee have managed to meet, also 'al fresco', distanced and clutching masks, to make plans for a further similar social meeting, which will hopefully take place on Wednesday 9th September 7.30pm in Walsham Church. This will be socially distanced but sadly without refreshments. The WI Committee hope to consult the membership over the thorny issue of holding an Annual Meeting and the shape of an alternative programme of activities to replace those lost to corona virus regulations.

Meanwhile all WI members are staying in touch with The Hive, the on-line fortnightly WI magazine, which covers all that is going on around West Suffolk and covers concerns and campaign news of national affairs.

Jill Newell

WESTHORPE VILLAGE HALL

Westhorpe Village Hall is open for limited activities.

Please check the village website (<u>westhorpe.onesuffolk.net</u>) for details.



TO DIG OR NOT TO DIG? ... that is the question...

Suddenly it feels very autumnal at the allotments – the mornings are cool, with a heavy dew and we have our annual delivery of manure from a local farmer. Farmers clear their cow sheds out at the start of autumn, ready for the beef herd to come into for the winter. Allotment holders are busy squirrelling away their allotted portion of the magic muck that promises to add food to the soil for future bountiful harvests next year.

Each year I wonder – shall I dig the manure in? or shall I leave it on the soil surface and let the worms and winter rains wash it in? Do I even want to add manure to my plot? I am vegetarian after all! There are other ways of improving your soil after all – that may be easier such as sowing a 'green manure' crop.

Digging your soil in the autumn is the traditional method of growing vegetables, the benefits include it allows the frost to break up heavy compacted soils, and expose any pests to be killed off over the winter; it allows you to add organic matter and nutrients at root depth and remove perennial weeds as you dig. Our heavy clay soil responds well to the manure, helping to break up the heaviness.

But there are disadvantages of digging the soil – it damages the microbial life that exists in the soil that helps plants to grow, it causes a release of carbon into the atmosphere which we are all trying to reduce; the soil is left open to leaching by the heavy winter rain, so a loss of nutrients and also practically speaking its jolly hard work.

The no dig method of growing has been championed by Charles Dowding for many years now and is now becoming accepted. His accurate recording of harvest weights of a no dig plot versus a dug plot does show it produces as good as and sometime far better results.

The principle is that crops are grown without digging or forking the soil. The soil is mulched well with homemade compost, that feeds the crops, keeps them moist, and reduces weeds, while the soil is undisturbed allowing the microbial life to thrive. Since the soil is not repeatedly turned over each year there is less weed seed germination and the lack of large clods of soil that may harbour slugs.

Green manures are a simple way of covering empty patches of soil over the autumn and winter.



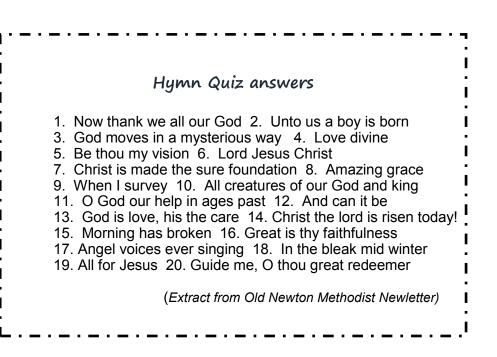
No order to small

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Good autumn green manures include Grazing Rye (a cereal crop) this will grow quickly in the warm autumn soil and then can be dug into the soil in the spring. The plant material rots down quickly and helps improve the soil structure and fertility.

As I ponder on the to dig or not to dig question I remember I quite like a bit of digging – there is something about turning over the warm autumn soil and seeing the life within, pulling out that thread of bind weed or bootlace of horsetail root and fooling yourself that you won't see it again next year. If my chickens are out they help with their scratching to eat up any pests and of course taking one of two large worms too. So I will undoubtedly will do to a bit of both – dig some areas and leave others, sow a green manure crop somewhere, after all the allotment is big enough to try different techniques.

There is also plenty to be sowing and planting at this time of year – autumn onion sets, broad beans and garlic into November time. The poly tunnel is still producing tomatoes and cucumbers and I have set some winter lettuce and purslane.



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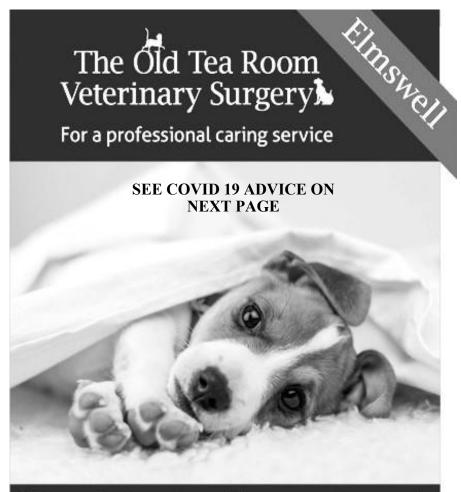


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Stowe Veterinary Services during coronavirus outbreak

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All clients are being offered **video or telephone consultations** for situations where a visit to the surgery might not be possible or essential. The vet will assess each situation individually and provide the safest solution for you and your pet. If following the consultation the vet does need to examine your pet, we will book you a drive-in appointment and ask that you call us on your arrival and one of our team will come out to collect your pet. For any emergencies we'll ask you to attend the practice immediately.

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Our NHS colleagues, carers and many others are fighting a difficult battle at this time and we are committed to supporting them in reducing the risks of COVID-19 spread.

We thank you for your co-operation in advance and for your support of our teams that are working under immense pressure in these difficult times to help keep your pets healthy.

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COMMUNITY YOGA FOR HEALTH

Walsham Community Yoga is starting again on Wednesday 9 September in Walsham Village Hall from 7.15 to 9.15pm. This will be in adherence to COVID social distancing regulations.

Newcomers always welcome and no experience required

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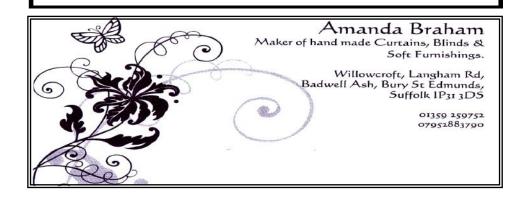
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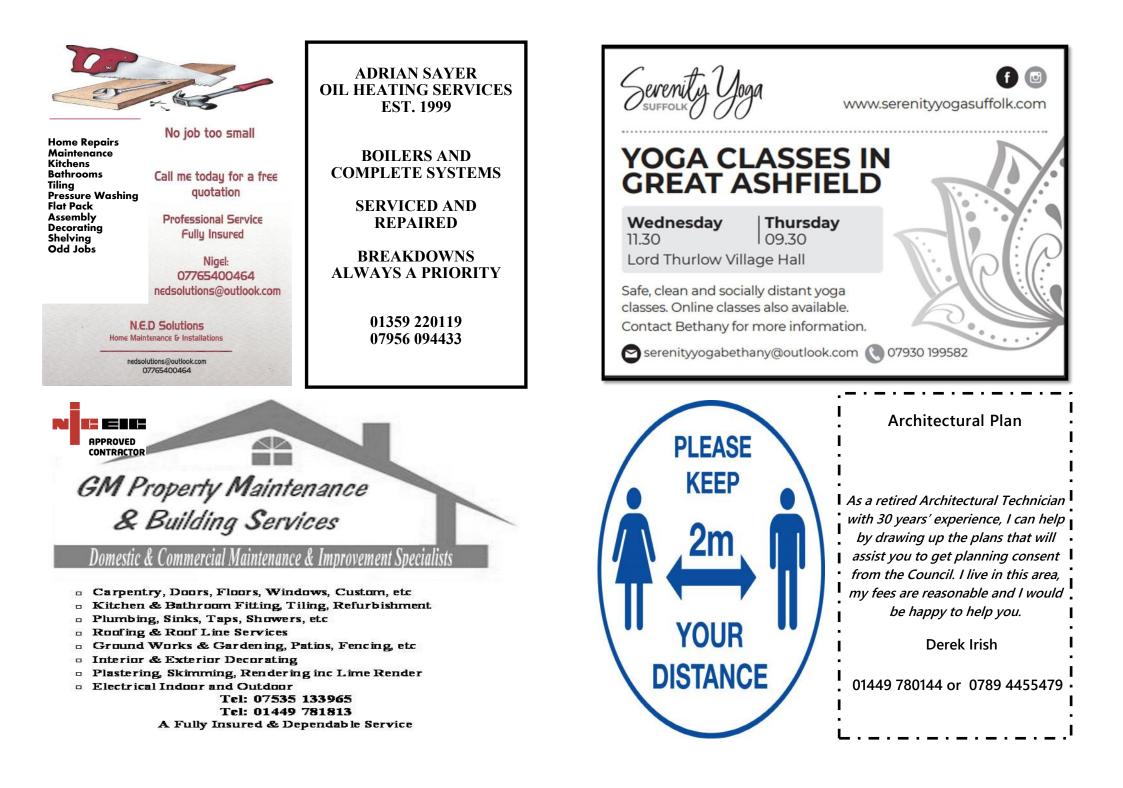
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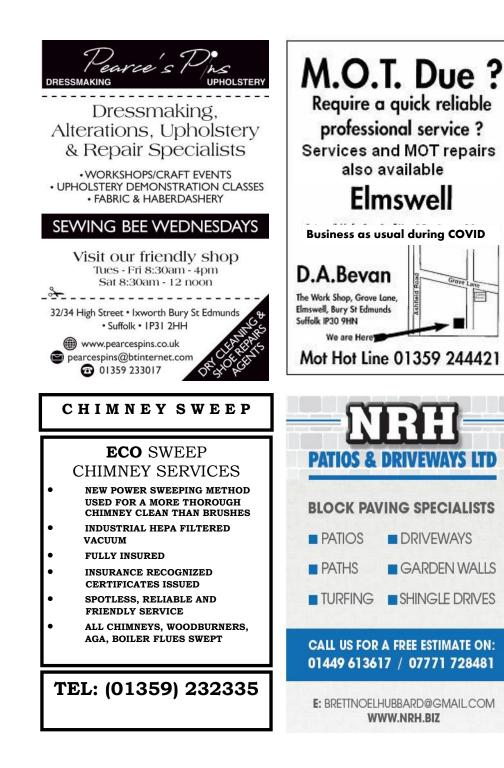




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