

*The Benefice of Badwell & Walsham*

**Rector:** Rev'd Philip Merry 01359 258806  
07526 271784  
(philipmerry@hotmail.co.uk)

**Retired Priest :** Rev'd Pamela Robson 01359 258939  
(robsonpam@btinternet.com)

**Benefice Readers:** Ian Jackson 01449  
781392

Freddie Montgomery 01359  
240271  
(freddiem1@timetalk.co.uk)

**Benefice Elders:** Marion Bell 01449  
782072

Denise Merry 01359

Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine (or anything else you fancy) to Rowena @ rowenagavars@gmail.com or ring 01359 259385

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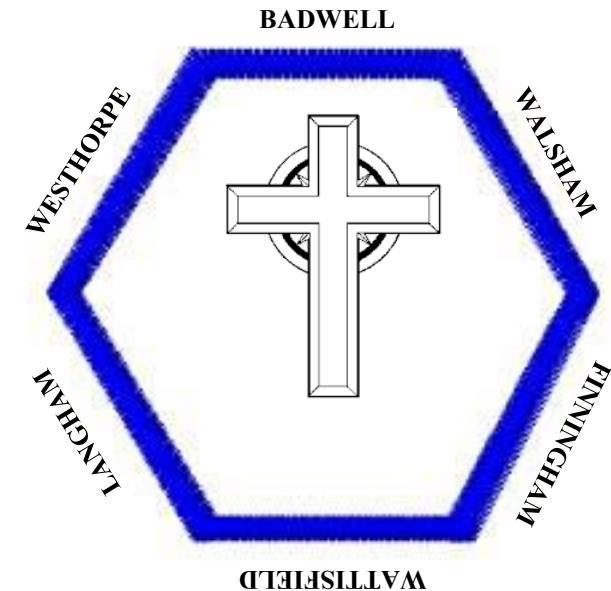
Contact Judith on 01359 258251 or judith@gharlow.plus.com

Advertise your fundraising or community event for free.

Contact Rowena on 01359 259385 or rowenagavars@gmail.com

**Last date for items for inclusion in the next issue is  
Thursday 7th March, 2019.**

*The Benefice of  
Badwell & Walsham*



*Hexagon  
February - March 2019*

## WATTISFIELD COMMUNITY CENTRE

### What's on:

**Mon:** Dog training 6-8pm

Badminton 8.30-10.30pm

**Tues:** Café, open to all, Mums and  
Toddlers welcome 10.30am-12.30pm

**Wed:** Yoga 10.30-11.30am  
and 6.30-8.30pm

**Sat:** Badminton and Table Tennis for  
youngsters— restarting in the Autumn.

Regular monthly events such as Pub  
night and Quiz night, see website for  
details

Spaces left for regular hall rental or for  
one-off occasions

Anyone wishing to hire the hall or for  
further information please visit  
[www.wattisfield.org.uk](http://www.wattisfield.org.uk) or email  
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or contact Alison Weston, Bookings  
Secretary on 01449 781490

## WESTHORPE VILLAGE ACTIVITIES

**ART CLUB** Monday (fortnightly) 2:00-4:00pm.

Contact: Paul Weston. Tel: 07860 376592. [paulwestonarchitect@gmail.com](mailto:paulwestonarchitect@gmail.com)

**BOOK CLUB** Thursday (every 6 weeks) 7:00-9:00pm

Contact: Judith Kennedy. Tel: 01449 781249. [jkstreefarm@gmail.com](mailto:jkstreefarm@gmail.com)

**CARPET BOWLS** Monday (weekly) 7:30-9:00pm

Contact: John Offord. Tel: 01449 258501. [dianegladders@outlook.com](mailto:dianegladders@outlook.com)

**CRAFT CLUB** Tuesday (fortnightly) 10:00am-12:00

Contact: Lydia Cotgrove. Tel: 01449 789142 / Rosemary Mees. Tel: 01449  
780394

**FILM NIGHT** Friday (4th of every month) 7:30-10:30pm

Contact: Philip Aldous. [philip.aldous@live.co.uk](mailto:philip.aldous@live.co.uk)

**FITNESS YOGA** Wednesday (weekly) 6:15pm-7:15pm

Contact: Jo Beales. Tel: 07912 649328. [jo@johnnybeales.co.uk](mailto:jo@johnnybeales.co.uk)

**GAMES NIGHT** Thursday (fortnightly) 7:30-9:00pm

Contact: Alan Coles. Tel: 01449 781618 [alancoles@aol.com](mailto:alancoles@aol.com)

**GARDENING CLUB** Friday (3rd of every month) 7:30-9:00pm

Contact: Martin Little. Tel: 01449 780301. [westhorpegarden@gmail.com](mailto:westhorpegarden@gmail.com)

**LINE DANCING** Monday (weekly) 6:00-7:00pm

Contact: Rosie Macro. Tel: 07748 563926. [rosemary.macro@yahoo.co.uk](mailto:rosemary.macro@yahoo.co.uk)

**STOTT PILATES** Thursday (weekly) 11:00am-12:00

Contact: Miranda Tuddenham. Tel: 07540 696167 / 01379 742845  
[information@wdfitness.co.uk](mailto:information@wdfitness.co.uk)

**WINTERS ACADEMY** Thursday (weekly during term time) 4:00-6:00pm

Contact: [charley@wintersacademy.co.uk](mailto:charley@wintersacademy.co.uk) / [www.wintersacademy.co.uk](http://www.wintersacademy.co.uk)

**YOGA** Monday (weekly) 10:45am-12:15

Contact: Juliet Wright. Tel: 07503 212670. [jujuyoga39@gmail.com](mailto:jujuyoga39@gmail.com)

## HEXAGON Advertising Rates

FULL PAGE	single issue £30	3 issues £60	6 issues £120
HALF PAGE	single issue £20	3 issues £40	6 issues £80
QUARTER PAGE	single issue £15	3 issues £30	6 issues £50

Non-profit-making organisation or fundraising event adverts are free.

Contact Judith on 01359 258251 or [judith@gharlow.plus.com](mailto:judith@gharlow.plus.com)

## HEXAGON COPY DEADLINE

The deadline for the next issue is **Thursday 7th March 2019**.  
Please send items for inclusion to the Editor: Rowena Gavars  
([rowenagavars@gmail.com](mailto:rowenagavars@gmail.com) / 01359 259385)



## FURBABIES

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## EPIPHANY

Our Epiphany celebrations in the Benefice are obviously rather special, celebrating with a concert given by the 'Epiphany Singers' on the Saturday evening, followed by a choral Eucharist the following morning; Epiphany Sunday. This years occasion was no exception, and all who were present Sunday morning can not have been anything but thoroughly uplifted by the whole service; the singing, worship, liturgy, and of course the playing of the new organ by David Hill, recently awarded the MBE

To add to all of this we had a fine speaker in Reverend Tim Jones; our Diocesan Director of Ordinands. Next year will be 50 years since the Epiphany singers formed, and to acknowledge this I am pleased to say that Bishop Mike has accepted my invitation to celebrate and preach at the Epiphany Sunday service.

Looking back to the weekend, I realise that it takes a lot of hard work to make a weekend like we had pass with such apparent ease, and with such a relaxed atmosphere. It takes planning, organising and many hands doing what is required. We often hear about the ministry of all members, as St Paul teaches us, and Epiphany weekend is a perfect example of it in action. We have all been given gifts, (as I alluded to in the last edition of the Hexagon), some more obvious than others, and yet strangely it is the less obvious that, day by day, make the real difference to our lives.

We admire an actor making an Oscar-winning performance and an athlete winning a Gold medal, but they are just the icing on the cake. We can, and most of the time do, live without them. The things that really matter are the little acts of kindness and thoughtfulness. These are the things that keep the wheels rolling day after day.

Take a look at our six churches and their surroundings, and then think about the amount of work that is required to keep them so beautiful. Think of the obvious things like the flower arrangements. Then think about less obvious things like keeping the church clean, ironing the linen, and in summer there is grass to mow in the churchyards. Then listen to the sounds; think of the music and the bell-ringing and, less obviously, the clock winders.

(Cont → )

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(cont'd )

We have wonderful people who visit the sick at home and in hospital, and others who give up their valuable time to attend committee meetings where decisions are made on our behalf. There is general maintenance and administration. And so much more, the list is endless.

God has given us all so many gifts. The best way to praise Him and give Him thanks is to use them for each other – a true ministry of all members.

Every Blessing for 2019  
Philip and Denise

#### FROM THE REGISTERS

##### **BAPTISMS**

Peggy Evangeline Borrett	3 November 2018	Finningham
Charles Max Compson	23 December 2018	Walsham

##### **WEDDINGS**

Christian Edward Papworth and Katherine Laura Smethurst	29 December 2018	Walsham
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##### **FUNERALS**

Janis Pearce Cremation	14 November 2018	Walsham
Gwendoline Elizabeth Crabbe Burial	10 December 2018	Wattisfield
Rutger Niklass Van Dijk Burial	14 December 2018	Walsham
Dorothy Winward Cremation	19 December 2018	Badwell Ash
Reginald Alanby Draper Burial	20 December 2018	Finningham

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### **CANS FOR CHRISTMAS**

Many thanks to all those who donated to this year's Church Christmas Appeal for cans of food towards the Salvation Army foodbank; well over 200 cans were collected and delivered to the Bury St Edmunds Branch of the Salvation Army, they too would like their thanks to be passed on.

### **SUFFOLK HISTORIC CHURCHES TRUST RIDE and STRIDE**

Many thanks to all those who were involved with the annual 'Bike Ride' and 'Stride' back in September; whether it was organising, cycling, walking, providing refreshments, signing forms or sponsoring. Many from the Benefice took part and had a thoroughly enjoyable time, thank you.

### **WOMEN'S WORLD DAY of PRAYER**

This years' service will be held at 7.00pm on Friday 1<sup>st</sup> March in St Mary's Church Walsham. This years' theme is 'Come Everything is Ready,' prepared by Christian women of Slovenia. Everybody (male or female) are very warmly invited.

### **CONFIRMATION**

This year the Deanery will be holding their Confirmation Service, led by Bishop Mike, at St Margaret's Church Westhorpe, on the afternoon of Sunday 2<sup>nd</sup> June at 3.00pm.

Anybody who feels that they would like to be Confirmed, or know of somebody else who might, please do contact myself and I will explain the process.

If anybody would like to receive Home Communion owing to being housebound or ill, please do get in touch and I will gladly come and give Communion.

### **EDITORIAL VACANCY**

After several years of editing the Hexagon, our Editor, Rowena Gavars has decided to step aside to allow somebody else to take on the role. If you feel that this is something you could both do and enjoy doing, then please have a word with either myself or/and Rowena. Rowena would be very glad to give all the training necessary to any aspiring Editor amongst you.

Philip Rector



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Wednesday 13<sup>th</sup> March 10am - 12

Wednesday 10<sup>th</sup> April 10am - 12

Wednesday 8<sup>th</sup> May 10am - 12

It would be great to see you at all four sessions, but you are welcome to drop in for individual days if you can't come to all.  
**The sessions will be led by Lynn Whitehead who is a member of  
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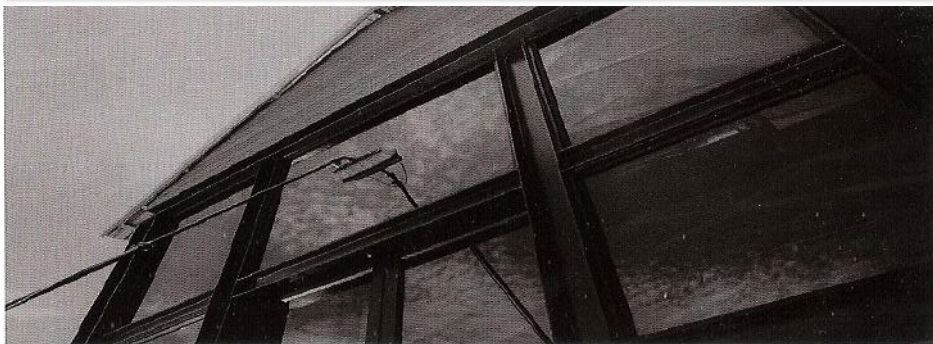


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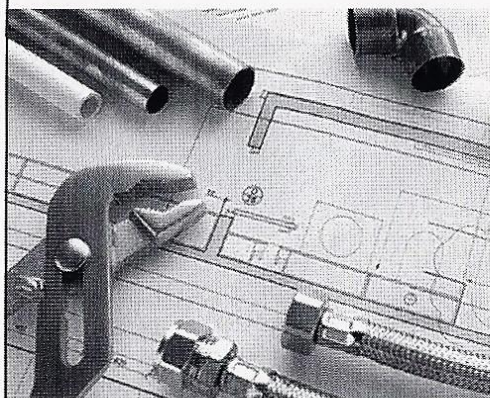


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Thursday 28th March 12:30pm  
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Thursday 4th April 12:30pm  
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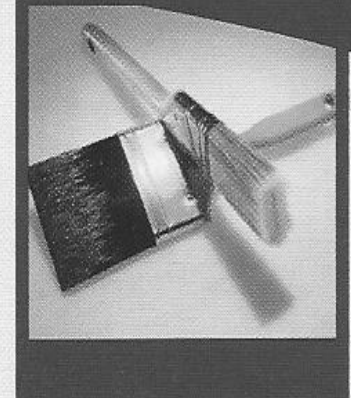
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## FUNDRAISING ACHIEVEMENTS

### WALSHAM

Walsham-le-Willows Christmas Fayre 2018

I would like to thank all who supported St Mary's Church Stall at the Christmas Fayre in December. I am grateful to those who donated items for sale and also those who came along on the day and snapped up the bargains.

We raised a grand total of £85.

Many thanks, Judy Wild.



### WESTHORPE

Warm congratulations are due to Heather Wilkinson who participated in the Ride and Stride again this year and raised a total of £282.50. This will be shared between the Historic Churches Trust and St Margaret's Church,

Westhorpe. St Margaret's PCC are very grateful to her and full of admiration for her efforts.



Not content with this achievement, Heather toured the village during the weeks prior to Remembrance Sunday for the British Legion Poppy Appeal. Her sales totalled £296.99 which is a magnificent result. Well done, Heather!



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November 2018



Christmas came a little early with the return visit from Rev Atkins and his wife to our November meeting bearing a pile of Christmas cards. The variety and comic nature of the collection had us chuckling over exuberant nuns on skates or nuns on skis, not to mention the three wise penguins!

As a vicar, our speaker had probably attended more nativity plays than most of us and had amassed a fund of amusing anecdotes. The production told from the view of the ox in the stable had apparently proved a winner with congregations especially as it was enhanced with an impressive pair of Viking horns!

Jill Newell

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Open Meeting

A Talk from SARS – Suffolk Accident Rescue Service

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We are holding the OPEN MEETING on **Thursday 14<sup>th</sup> March 2019** at  
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Tickets/Donation - £3 to include a raffle & refreshments.

Our Speaker will be talking to us all about SARS. They provide specialist  
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Residents who do find themselves in difficulty and who could benefit from a little financial help may apply directly to the Charity and each case will be assessed on its own merits.

To apply please write in confidence to: The Trustees, Wattisfield Relief in Need Charity, The Steading, Bobby Hill, Wattisfield, IP22 1NL.

### THE WESTHORPE TRUST

The Westhorpe Trust is made up of several historic funds. The oldest is from the will of Richard Brown in 1641, who lived in Westhorpe and left ten shillings a year to the poor of the parish. Income also came from the properties at Town Yard which in the 19<sup>th</sup> century contained the parish workhouse and some arable land at Botany Farm, Walsham le Willows.

The Trust's income is divided into three parts all for the benefit of the inhabitants of the parish:

1. **Westhorpe Parochial Church Council** for the upkeep and services for St Margaret's Church;
2. The **Education Foundation** which gives every child a book token at Christmas. Those at university, college or other forms of Further or Higher Education or apprenticeships are given grants each academic year towards tuition fees, travel expenses, books, computers and other essential equipment. Help is also offered with other expenses such as school uniform, books and possibly school trips for those in nursery, primary and secondary school as well as others taking educational courses.
3. The **Village Fund** provides family and personal grants for any kind of assistance, emergency payments, help with transport and heating costs, grants towards village events and many other things which need funding and are of benefit to the parish. If you feel the Trust can help you or your family, an application form is available to download from the village website - [www.westhorpe.onesuffolk.net](http://www.westhorpe.onesuffolk.net) or get in touch with the Secretary – details below.

**All applications are treated in the strictest confidence**

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## COMMUNITY NOTICES

### Community Transport Bus

We wish to thank all those generous people who have supported the Community Transport Bus and have made donations to the value of £223 which was passed to Gordan in December. Gordan is still awaiting confirmation from a couple of Parish Councils who have yet to ring-fence monies towards the bus as it a life line to many within the community.

### Neighbourhood Watch

People are still driving without correct lighting, please check all headlights and brake lights before setting off on your journeys.  
Please drive carefully according to the road conditions.

Remember to lock up your house and outbuildings, although not close there have been some break-ins in the area.

## Tesco Bags of Help

A very big thank you to everyone who supported us in the Tesco Bags of Help scheme running in the Stowmarket Branch of Tesco between 1<sup>st</sup> September, 2018 – 31<sup>st</sup> October, 2018.

I am very pleased to inform you that we finished in first place and will receive the £4,000 grant from Tesco for our replacement slide.

After we have purchased the slide there will still be some monies left in the playground fund and we would like to hear from you (both adults and children) as to what you would like to see on the Village Green.

Mary Webb  
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## Mother's Day

The first ever movement for the recognition of motherhood arose from the groups for women whose sons had fought in the American Civil War. In 1914, President Woodrow Wilson decreed the second Sunday of May as Mother's Day. It spread to Europe in the aftermath of the First World War, when many women had lost their sons or husbands, leaving them to raise their children alone.

Most countries adopted the US timing and it still remains the most popular date for Mother's Day across the globe. The origins of the British date are a little more complicated. Some believe Mothering Sunday originally derived from a 16th-century practice of visiting the "mother church" - the main church in the region - on Laetare Sunday, the fourth Sunday of Lent. This was also when domestic servants were given time off to visit their families.

In 1920, inspired by the new US holiday, Briton Constance Smith published a booklet entitled The Revival of Mothering Sunday and by 1938, the day "was celebrated in every parish in Britain and in every country of the Empire. Today, it is more commonly referred to as Mother's Day, but it is still officially known as Mothering Sunday.

Many countries around the world have developed their own traditions for celebrating mothers.

Parts of India celebrate the Western version of Mother's Day on the second Sunday in May. However, Hindus in India celebrate the goddess Durga, or Divine Mother, in October with a 10-day festival. Named Durga Puga, the festivities celebrate the triumph of good over evil which is symbolised through the exchange of gifts with family and friends.

Mother's Day celebrations in Mexico take place on 10 May. Churches in Mexico hold a special mass in honour of Mother's Day, which is often followed by a community breakfast. Some families hire mariachi bands to wake their mothers with a song on the special day.

Mother's Day in Ethiopia is celebrated with a three-day celebration mid-autumn. This days-long feast is known as Antrosht. Children will often supply the ingredients for a traditional hash recipe that contains cheese, lamb, vegetables, butter and spices. The mother then prepares the hash. After the meal is finished, the mothers and daughters will ritually rub each other's faces with butter. The rest of the night is spent with the family singing and dancing

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Please leave [1cm] around the stamps if possible and put them through my letter box at:

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## WATTISFIELD TOWN ESTATE CHARITY

This Charity administers a modest income from lands given by the Rust, Osborne and other families of Wattisfield for the benefit of the inhabitants of the Parish. We give grants throughout the year, to those who find they are in need of financial assistance because of unexpected additional expenses. At this time of year we have given grants to help with expensive extra costs of heating and power. Grants are available for those experiencing hardship.

Grants are given in cases of special hardship, for example due to serious illness, accident, redundancy or bereavement and to students at school or college, to help with the cost of educational trips or the purchase of books for study. We have also given grants for unexpected travel expenses.

Residents who do find themselves in financial difficulty may apply directly to the Charity and each case will be assessed on its own merits and in confidence.

To obtain an application form please write to: The Trustees, Wattisfield Town Estate Charity, Hall View House, Chapel Road, IP22 1NU  
Or by email: [wattisfieldtec@btinternet.com](mailto:wattisfieldtec@btinternet.com)

Charity Commission Registration No. 211095



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North West Clog Dancing has its origins in the spinning  
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Haughley Hoofers are offering a free 8 week course in  
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No experience needed and no obligation

New musicians welcome (acoustic instruments). Our  
practice sessions are on Sunday evenings 7.30-9.30pm in  
Haughley Village Hall, near Stowmarket.

In the Summer we dance at fetes, festivals, pubs and farm  
shops.

Ring Sue on 01449 766747 to find out more.

Website: [www.haughleyhoofers.org.uk](http://www.haughleyhoofers.org.uk) or see Haughley  
Hoofers on Facebook

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I'm looking forward to hearing from you.....



Caroline Morris: 07843 248 411

[cdv\\_11@hotmail.com](mailto:cdv_11@hotmail.com)

Web address: [pawfectmoments.co.uk](http://pawfectmoments.co.uk)

Facebook: Pawfect Moments Pet Care

## *Benefice Services Feb-March 2019*

**3<sup>rd</sup> FEB CANDLEMAS**  
 8.00am Holy Communion Walsham  
 10.00am Benefice Family Communion Wattisfield  
 11.00am Holy Communion Wattisfield URC  
 7.00pm Compline Walsham

**10<sup>th</sup> FEB 4<sup>th</sup> SUNDAY before LENT**  
 8.00am Holy Communion Walsham  
 10.00am Family Communion Badwell Ash  
 10.00am Morning Prayer Finningham  
 11.00am Morning Worship Wattisfield URC  
 3.00pm Evensong Westhorpe

**17<sup>th</sup> FEB 3<sup>rd</sup> SUNDAY before LENT**  
 8.00am Holy Communion Walsham  
 9.30am Family Communion Finningham  
 10.30am Family Communion Walsham  
 11.00am Morning Wordship Wattisfield URC

**24<sup>th</sup> FEB 2<sup>nd</sup> SUNDAY before LENT**  
 8.00am Holy Communion Walsham  
 10.00am Family Communion Westhorpe  
 10.30am Songs of Praise Walsham  
 11.00am Morning Worship Wattisfield URC

**1<sup>st</sup> MARCH WOMEN'S WORLD DAY of PRAYER (FRIDAY)**  
 7.00pm Songs/ Prayers/Reflection Walsham

**3<sup>rd</sup> MARCH SUNDAY before LENT**  
 8.00am Holy Communion Walsham  
 10.00am Benefice Family Communion Finningham  
 11.00am Holy Communion Wattisfield URC

**6<sup>th</sup> MARCH ASH WEDNESDAY**  
 9.30am Holy Communion Walsham

## *Benefice Services Feb-March 2019*

**10<sup>th</sup> MARCH 1<sup>st</sup> SUNDAY of LENT**  
 8.00am Holy Communion Walsham  
 10.00am Family Communion Badwell Ash  
 11.00am Morning Worship Wattisfield URC  
 3.00pm Evensong Westhorpe

**17<sup>th</sup> MARCH 2<sup>nd</sup> SUNDAY of LENT**  
 8.00am Holy Communion Walsham  
 10.00am Morning Prayer Finningham  
 10.00am Holy Communion Walsham  
 11.00am Morning Worship Wattisfield URC

**24<sup>th</sup> MARCH 3<sup>rd</sup> SUNDAY of LENT**  
 8.00am Holy Communion Walsham  
 10.00am Holy Communion Westhorpe  
 10.30am Songs of Praise Walsham  
 11.00am Morning Worship Wattisfield URC

**31<sup>st</sup> MARCH MOTHERING SUNDAY**  
 8.00am Holy Communion Walsham  
 9.30am Family Service Finningham  
 10.00am Family Service Badwell Ash  
 10.30am Family Service Walsham  
 11.00am Mothering Sunday Worship Wattisfield URC

**7<sup>th</sup> APRIL 5<sup>th</sup> SUNDAY of LENT**  
 8.00am Holy Communion Walsham  
 9.00am Holy Communion Wattisfield URC  
 9.30am Morning Prayer Finningham  
 11.00am Matins Walsham  
 6.00pm Evensong Westhorpe

**Wednesday Morning Eucharist In the Priory Room at 9.30am followed by Refreshments and Fellowship.**

February: 6th, 13th, 20th, 27th  
 March: 6th, 13th, 20th, 27th