

## *The Benefice of Badwell & Walsham*

**Rector:** Rev'd Philip Merry 01359 258806  
07526 271784  
(philipmerry@hotmail.co.uk)

**Retired Priest :** Rev'd Pamela Robson 01359 258939  
(robsonpam@btinternet.com)

**Benefice Readers:** Ian Jackson 01449 781392  
Freddie Montgomery 01359 240271  
(freddiem1@timetalk.co.uk)

**Benefice Elders:** Marion Bell 01449 782072  
Denise Merry 01359 258806  
Janet Kerridge 01359 259563  
Jill Scarfe 01359 258849  
Andrew Strickland 01449 781487

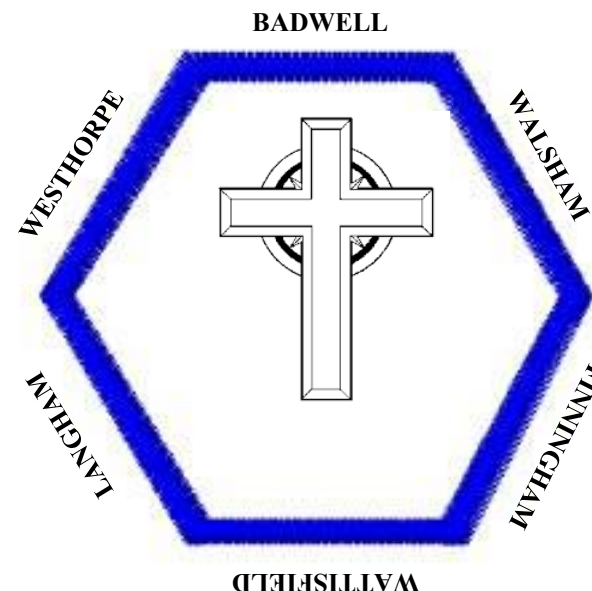
Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine (or anything else you fancy) to Rowena @ rowenagavars@gmail.com or ring 01359 259385

Hexagon is delivered to over 1500 homes  
Advertise your local business here. Reasonable rates.  
Contact Judith on 01359 258251 or judith@gharlow.plus.com

Advertise your fundraising or community event for free.  
Contact Rowena on 01359 259385 or rowenagavars@gmail.com

**Last date for items for inclusion in the next issue is  
Wednesday 9th January, 2019.**

## *The Benefice of Badwell & Walsham*



*Hexagon*  
*December 2018-January 2019*

## WATTISFIELD COMMUNITY CENTRE

### What's on:

**Mon:** Dog training 6-8pm

Badminton 8.30-10.30pm

**Tues:** Café, open to all, Mums and  
Toddlers welcome 10.30am-12.30pm

**Wed:** Yoga 10.30-11.30am  
and 6.30-8.30pm

**Sat:** Badminton and Table Tennis for  
youngsters— restarting in the Autumn.

Regular monthly events such as Pub  
night and Quiz night, see website for  
details

Spaces left for regular hall rental or for  
one-off occasions

Anyone wishing to hire the hall or for  
further information please visit  
[www.wattisfield.org.uk](http://www.wattisfield.org.uk) or email  
wattisfieldcc@gmail.com

## The NEW Westhorpe Village Hall

Available for hire for small groups,  
private functions, exercise classes  
etc.

Bright and airy main hall with  
blackout blinds.

Three sizes of tables, 80 comfortable  
chairs. Fully equipped kitchen.

Wifi connection and excellent audio  
visual system.

Hire rate - £9.00 per hour

(£8.00 for residents of  
Westhorpe and Finningham)

For further information and book-  
ings please visit the website

[www.westhorpe.onesuffolk.net](http://www.westhorpe.onesuffolk.net)

or contact Alison Weston, Bookings  
Secretary on 01449 781490

## WESTHORPE VILLAGE ACTIVITIES

**ART CLUB** Monday (fortnightly) 2:00-4:00pm.

Contact: Paul Weston. Tel: 07860 376592. paulwestonarchitect@gmail.com

**BOOK CLUB** Thursday (every 6 weeks) 7:00-9:00pm

Contact: Judith Kennedy. Tel: 01449 781249. jkstreetfarm@gmail.com

**CARPET BOWLS** Monday (weekly) 7:30-9:00pm

Contact: John Offord. Tel: 01449 258501. dianegladders@outlook.com

**CRAFT CLUB** Tuesday (fortnightly) 10:00am-12:00

Contact: Lydia Cotgrove. Tel: 01449 789142 / Rosemary Mees. Tel: 01449  
780394

**FILM NIGHT** Friday (4th of every month) 7:30-10:30pm

Contact: Philip Aldous. philip.aldous@live.co.uk

**FITNESS YOGA** Wednesday (weekly) 6:15pm-7:15pm

Contact: Jo Beales. Tel: 07912 649328. jo@johnnybeales.co.uk

**GAMES NIGHT** Thursday (fortnightly) 7:30-9:00pm

Contact: Alan Coles. Tel: 01449 781618 alancoles@aol.com

**GARDENING CLUB** Friday (3rd of every month) 7:30-9:00pm

Contact: Martin Little. Tel: 01449 780301. westhorpegarden@gmail.com

**IT CLINIC** Tuesday (bi-monthly)

Contact: Alison Weston. Tel: 01449 781490. alisonweston25@hotmail.com

**LINE DANCING** Monday (weekly) 6:00-7:00pm

Contact: Rosie Macro. Tel: 07748 563926. rosemary.macro@yahoo.co.uk

**STOTT PILATES** Thursday (weekly) 11:00am-12:00

Contact: Miranda Tuddenham. Tel: 07540 696167 / 01379 742845  
information@wdfitness.co.uk

**WINTERS ACADEMY** Thursday (weekly during term time) 4:00-6:00pm

Contact: charley@wintersacademy.co.uk / [www.wintersacademy.co.uk](http://www.wintersacademy.co.uk)

**YOGA** Monday (weekly) 10:45am-12:15

Contact: Juliet Wright. Tel: 07503 212670. jujuyoga39@gmail.com

## HEXAGON Advertising Rates

FULL PAGE	single issue £30	3 issues £60	6 issues £120
HALF PAGE	single issue £20	3 issues £40	6 issues £80
QUARTER PAGE	single issue £15	3 issues £30	6 issues £50

Non-profit-making organisation or fundraising event adverts are free.

Contact Judith on 01359 258251 or judith@gharlow.plus.com

## HEXAGON COPY DEADLINE

The deadline for the next issue is **Wednesday 9th January 2019.**

Please send items for inclusion to the Editor: Rowena Gavars  
(rowenagavars@gmail.com / 01359 259385)



## FURBABIES

Guinea Pig and Rabbit holiday boarding  
in Walsham le Willows

Webcam availability so you can watch your  
pets while you are on holiday via iPhone/  
smartphone, and guess what – you can  
even TALK to them too!

All hutches and the exercise pen are in a fully  
insulated log cabin which includes heating

The hutches are a lot larger than any

standard size hutch giving plenty of room

We are small scale so I can cater to all of your  
pets' needs at any time of day

I have completed my Rodent Health Advisor  
exams specializing in guinea pigs passed  
with first class honours.

Please look at Furbabies on [findpetboard-  
ing.com](http://findpetboarding.com) and read my reviews from  
customers.

Please view my Facebook page to look  
around the log cabin by searching for  
Angie Nice.

**Please call Angie to enquire or make a  
booking on 01359 258944**

## CHURCH ORGANS

Across our Benefice we are very blessed in having an Organ in each of the six churches as well as extremely competent Organists to play them, to whom I am always most grateful for giving of their time in sharing their gifts and talents with us. It is worth remembering that there are many churches across our Diocese which no longer have an organ suitable for church services, or if they do, then sadly nobody capable of playing; a CD is never quite the same!

Recently we have seen the completion of a replacement organ in St Mary's Church Walsham. Thanks go out to ALL who have been involved in whatever way towards fundraising to meet the costs. It is now intended that the 'new' organ will be dedicated at the Benefice Epiphany Service in the New Year, a service at which the Diocesan Director of Ordinands, Reverend Tim Jones will be preaching.

Observing the organ being painstakingly put together, led me to reflect that we can draw some lessons for ourselves from their construction. All organs are made up of different parts, each with a different function and purpose, just as all of us, whether as members of God's Church or the wider society also have different functions and purposes.

Some of the pipes in an organ are small enough to be held in the hand, other parts are big and imposing. Some parts are obvious, clear and visible to all. Others, including I understand the most crucial, are never seen, hidden out of sight deep inside the organ. Some parts might seem inconsequential, but, if just one small part ceases to function, the whole instrument suffers.

So too, with us. Some have conspicuous tasks to perform in both the church and community we serve; other tasks might be carried out with no-one ever getting to hear. Some of us might be tempted to think, what can I do? Surely I don't matter. Or we might be tempted to leave tasks to others, to those we consider more qualified than ourselves. Yet God always has something for us to do; it may seem inconsequential – like some of the hidden parts of the organ – a phone call we have been meaning to make, a letter we have not yet replied to, a dispute that really does need settling.

(Cont → )

# DJS BLINDS & CURTAINS

- ✓ ROLLERS
- ✓ VERTICALS
- ✓ VENETIANS
- ✓ ROMANS
- ✓ SHUTTERS
- ✓ CURTAINS

A vast range of fabrics to choose from.

All made to measure.

**FREE MEASURING SERVICE**  
**FITTING ALSO AVAILABLE**

**Contact Dave: 07723354601**

**Unit 4 Chilli Farm**  
**Norwich Road**  
**Mendlesham**  
**IP14 5NQ**

**DJDJSNELLING@HOTMAIL.CO.UK**  
**WWW.DJSBLINDS.CO.UK**

## **Church Organs** (cont'd )

Years ago organs would have been pumped by hand (see Langham Church!). Nowadays, an electric blower blows air into the organ and, when the stops are pulled and the keys put down, the air gains access to the pipes. In the same way, we, as members of God's Church are nothing without the breath of God, the Holy Spirit filling our lives and giving us the power and energy to function as we should.

Here is a verse from a favourite hymn of mine written in the 19<sup>th</sup> century and based around psalm 150

'O Praise ye the Lord, all things that give sound;  
Each jubilant chord re-echo around;  
Loud organs, His glory forth tell in deep tone,  
And, sweet harp, the story of what He has done.'

As a Christian it is my hope and prayer that all of our six church organs will not only lead our worship, but that their voices will also sound out God's love, power and glory.

Every Blessing,  
Philip and Denise

## **CANS for CHRISTMAS**

During the month of December St Mary's Church Walsham will be collecting cans/tins of food which will be given to the Salvation Army in Bury St Edmunds for distribution amongst those in need.

If you should wish to donate please leave any cans/tins inside the church, or indeed inside any of the Six Benefice Churches, failing that they can be donated directly to myself or I will gladly collect.

Philip  
Rector

## Bentley Electrical

NICEIC Registered

All aspects of residential and commercial work undertaken  
From a socket to a full rewire,  
PAT testing and five year inspection also undertaken

**24 Hour call out**  
**No job too small**

For all your requirements

**Call Kevin**  
**07929 333356**



## G HUBBARD

### Building and Groundworks

25 years experience  
new builds, extensions  
plastering & tiling  
roofing, fascias & guttering  
re-pointing  
concreting  
landscaping & patios  
driveways, fencing & gates etc.

Free quotations  
Call Gavin

07899 835781 / 01359 252311



## P.SMITH PROPERTY MAINTENANCE HANDY MAN

Carpentry, Windows, Doors, Fencing,  
Gutters, Plumbing, Plastering, Ect.

For all your property needs

Large or Small

Over 30 years experience

**Free Estimates CRB/DBS & Public liability certificate**

available on request

Call Paul on

Westhorpe 01449 782958 or 07961838256

## FROM THE REGISTERS

### BAPTISMS

Flora Caroline Mary Ramsay	2 <sup>nd</sup> September 2018	Langham Church
Isla Rose Watts	7 <sup>th</sup> October 2018	Walsham Church

### FUNERALS

Betty May Jones	10 <sup>th</sup> August 2018	Badwell Ash Cremation
Brenda van Dijk	20 <sup>th</sup> September 2018	Walsham Church Burial
Roberta Ibbison-Steele	24 <sup>th</sup> September 2018	Wattisfield Burial
Vincent John Butcher	5 <sup>th</sup> October 2018	Badwell Ash Cremation
Kathleen Shirley Toulson	8 <sup>th</sup> October 2018	Walsham Church Cremation
Roy Barrett	16 <sup>th</sup> October 2018	Westhorpe Burial of Ashes

## **Wattisfield Notices:**

### Macmillan Coffee Morning

Thank you to Mr & Mrs Gardner (Mary & Roger) for opening their home in September raising £605.50 for the Macmillan Nurses and to everyone who supported the event.

### Logs

Thank you to Dennis for splitting the logs that we were able to give away to the community,

### Neighbourhood Watch

We are pleased to report we have not been subject to any problems in the village over the last six months. We ask you please to stay safe, lock up and secure your homes and outbuildings.

Please check you vehicles before every journey that lights are in working order, number plates cleaned and tyres treads are legal and tyre pressures are correct. Be prepared for the winter weather ahead and drive carefully.

We welcome all new residents to the Wattisfield Community and wish you all a very Happy New Year.





**Local Caring Independent**

24 Hour Personal Service \* Private Chapel  
\* FREE Parking

[www.andrewbingham.co.uk](http://www.andrewbingham.co.uk)

**01449 771666**

The Nutshell, Milton Road South, Stowmarket,  
IP14 1EZ



**Golden Charter**  
Funeral Plans



**GRAHAM  
STAFF**



**LAWNMOWER  
SERVICING AND  
REPAIRS**

EXPERIENCED ENGINEER

QUICK TURNAROUND

Walsham-le-Willows

Tel 01359 259650

Here for you every  
hour of every day

Funeral  
Services

East of  
England  
**COOP**

Meredith Greengrass  
9 Marriotts Walk, Stowmarket

**01449 798227**

15 Ipswich Street, Stowmarket

**01449 798221**

2 Hospital Road, Bury St Edmunds

**01284 846284**

[www.eastofengland.coop/funerals](http://www.eastofengland.coop/funerals)



**SUNDAY LUNCH — EVERY SUNDAY FROM 12PM**  
WE OFFER A SCRUMMY TWO/THREE COURSE ROAST LUNCH  
EVERY SUNDAY FROM 12MIDDAY (£14.95/£17.95).

**CHRISTMAS 2018**  
CHRISTMAS THEATRE & DINNER  
EVERY SATURDAY EVENING IN DECEMBER  
TICKETS NOW ON SALE AT £29.95

**A FAMILY RUN RESTAURANT AND FUNCTION VENUE LOCATED  
NEXT TO THORNHAM HALL**

THORNHAM COACH HOUSE, THORNHAM MAGNA, SUFFOLK, IP23 8HA  
TEL: (01379) 783373

EMAIL: [CONTACT@THORNHAMCOACHHOUSE.COM](mailto:CONTACT@THORNHAMCOACHHOUSE.COM)  
WEBSITE: [WWW.THORNHAMCOACHHOUSE.COM](http://WWW.THORNHAMCOACHHOUSE.COM)

**Juggle**

**Event & Party Organisers**  
Offering a wealth of experience.

Making your vision a reality in a world where first impressions count!

Whether it's an intimate dinner  
or a larger scale event, we can find you the perfect venue.

*"Your professionalism and attention to detail shone through,  
the vision that you helped me create was completely realised"... a  
testimonial from a 70<sup>th</sup> birthday party, Summer 2018.*

**Call Angela on (01359) 258-648  
or email- [juggleevents@gmail.com](mailto:juggleevents@gmail.com)**

## **Theobald's Restaurant Ixworth**

### **Opening Hours**

**Lunch Friday and Sunday, Dinner From Wednesday to Saturday**

**For current menus see our website**



**Tel 01359 231707  
68 High Street Ixworth IP31 2HJ**



## **Independent BMW & Mini Specialists**

Independent BMW & Mini Specialists providing a full range of servicing and repairs. Considerable savings compared to BMW dealer prices without having to compromise on quality

**FOR ALL MAKES OF CARS**  
MOT tests, Servicing and Tyres

Competitive prices with excellent facilities  
While you wait appointments available

**WE HAVE MOVED TO NEW PREMISES**

3 Sicklesmere Road, Bury St Edmunds, Suffolk, IP33 2BN  
01284 754921

**[www.warnemotorsbury.co.uk](http://www.warnemotorsbury.co.uk)**

## **CHRISTMAS CHURCH SERVICES and NEW YEAR**

During December each of the six churches within the Benefice will be holding their own Carol Services, as well as a variety of other forms of worship; for further information please see the middle pages of this edition of the Hexagon.

Finningham and Badwell Ash Churches will host Christingle Services on the 9<sup>th</sup> and 16<sup>th</sup> December respectively, whilst Walsham Church will be holding their annual Crib Service on Christmas Eve, as well as Christmas Midnight Mass.

Walsham Toddler Group will hold their Carol Service in Walsham church 9.30am 12<sup>th</sup> December, and Walsham School will be holding their Carol Service in Walsham church 10.00am 18<sup>th</sup> December. In addition, Walsham church will host two Christingle Services for Walsham School; 14<sup>th</sup> December at 9.30am and 11.00am.

I am pleased to welcome the Epiphany Singers once again to the Benefice Communion Service on Epiphany Sunday, 6<sup>th</sup> January, at Walsham Church. The Reverend Tim Jones will be Preaching and Presiding. The following Sunday, 13<sup>th</sup> January, Finningham Church will be hosting an Epiphany themed Workshop/Worship Service; featuring worship, activities, refreshment and fellowship; this is for ALL AGES.

In conjunction with 'Bury St Edmunds Concert Band,' Walsham le Willows Primary School Choir will be holding a Carol concert in St Mary's Church Walsham on Sunday 9<sup>th</sup> December at 4pm; tickets available at the school or from the church.

ALL are most welcome to ALL of the church services, please do check times as they may have altered from previous years. For further information please do contact me or one of the Ministry Team.

Denise and myself wish everybody a very Blessed Christmas and New Year.

Philip  
Rector

**Branches at:**

Bury St Edmunds 01284 701444  
Newmarket 01638 662253  
Haverhill 01440 702007  
Long Melford 01787 370773

swayne & partners

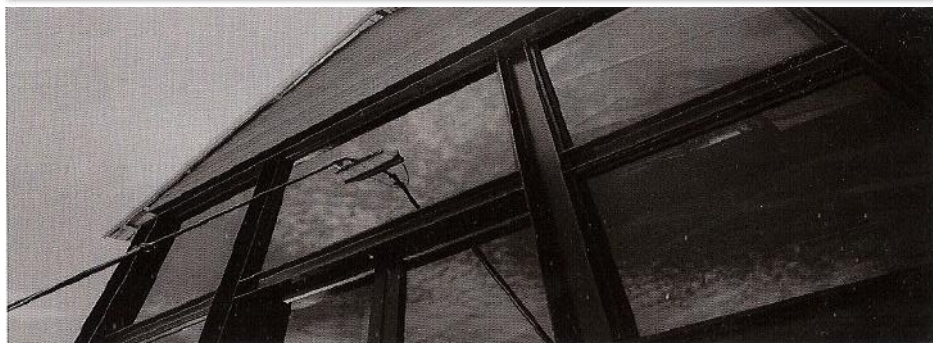


**veterinary surgeons**

We are a four branch small animal practice aiming to provide a traditional family service for you and your pets to the highest level of clinical care. Our services include:

- Out of hours emergency service 7 days a week both for our branches and other local vets.
- Our Bury St Edmunds surgery is open until 10pm each weekday.
- All our surgeries are equipped with digital x-rays, endoscopy, lab machines and much more.
- We also provide free evening talks for clients and non clients.

Please look at our website [www.swaynevets.co.uk](http://www.swaynevets.co.uk) or contact us if you have any questions. Find us on Facebook & Twitter.



## Shine n Clean

**Residential and commercial window cleaning.**

**A reliable window cleaning service using the latest pure water and reach & wash cleaning systems, leaving glass sparkling clean for weeks, no mess, no smears and no harmful chemicals.**

**01359 259376**

**email: [shinenclean@mail.com](mailto:shinenclean@mail.com)**

Wishing you peas, love, and joy  
this Holiday Season



## BADWELL ASH VILLAGE QUIZ



This year's Badwell Ash Village Quiz was a convivial evening with a wide range of quite challenging questions on a variety of topics, including local interest and cartoons. (Apparently Sponge Bob Squarepants lives in a pineapple under the sea!) The amount raised was £449.40 to be divided equally between St Mary's Church and East Anglian Air Ambulance. Thanks to everyone who helped raise this total. Many thanks - hope to see you next year!

## A DATE FOR YOUR DIARY



Saturday February 9th 2019

Enjoy an evening of music and dancing with

## **BITS AND PIECES**

Returning to Westhorpe Village Hall  
after their popular debut gig in April 2018.  
With support from local musicians Glen and Paul.

7:30pm-11:00pm.

Bring your own drinks

Tickets £6 available from

Alison 01449781490 [alisonweston25@hotmail.com](mailto:alisonweston25@hotmail.com)

Ian 01449780215 [ianbacton@aol.com](mailto:ianbacton@aol.com)





07786 381682

## Anglia Garden Design & Landscaping

For a friendly service call Sharon

07786 381682

01449 775540

[www.angliagardendesign.com](http://www.angliagardendesign.com)

Email: [sharoncracknell@icloud.com](mailto:sharoncracknell@icloud.com)



Traditional and artisan  
handmade bread and cakes

Locally sourced pantry essentials

Opening Hours:  
Wednesday to Friday  
8.00am - 3.30pm

Saturday  
9.00am - 1.00pm

THE WINDMILL  
SCHOOL LANE  
BARDWELL  
BURY ST EDMUNDS  
IP31 1AD

Tel: 01359 408409

Order online at:  
[www.woostersbakery.co.uk](http://www.woostersbakery.co.uk)



Pay and Play Memberships  
from £35 per year  
All Inclusive Memberships  
from £19 per month

Facilities available include:

- 4 Court Indoor Tennis Centre
- 2 Seasonally Covered Floodlit Tennis Courts
- Fitness Suite
- Strength and Conditioning Suite
- 25m Heated Indoor Swimming Pool
- 6 Tennis/4 Netball Outdoor Courts
- 6 Badminton Court Sports Hall
- Swing Studio



Available to members and non-members:

- Weekly Swimming and Tennis Lesson Programmes
- Adult Tennis Sessions
- Sports Activity and Tennis Schemes every school half term and holiday from £28 per day

Available for everyone to enjoy and use

# Culford

Sports & Tennis Centre

01284 385370 [cstc@culford.co.uk](mailto:cstc@culford.co.uk) [www.culford.co.uk/cstc](http://www.culford.co.uk/cstc)

Wolhambrooke ad march 17.indd 1

16/03/2017 10:25



GARDEN & LANDSCAPING SERVICES

Garden Clearance  
Grass/Hedge Cutting  
Block Paving  
Patios  
Fencing  
Decking  
Firewood

Driveways  
Turfing  
Treework  
Mini Digger with Driver  
General Building Work  
Groundwork

Phone: 01359 231589  
Mobile 07776 301681 / 07881 814661  
e.mail [admin@mtjs.co.uk](mailto:admin@mtjs.co.uk)  
[www.mtjs.co.uk](http://www.mtjs.co.uk)

\*\*\*\*\* GISLINGHAM PLAYGROUP \*\*\*\*\*



We provide a safe, warm, friendly and caring setting for children aged 2-5 years, in a brand new purpose built building on the same site as Gislingham CEVCP School, with whom we work closely to provide an excellent education.

Breakfast Club 8.00am - 8.45am  
Morning 8.45am to 11.45am, Lunch Club 11.45am to 12.45pm  
Afternoon 12.45pm to 3.45pm

"The well-qualified staff have a good knowledge of how children learn. They carefully organise the indoor and outdoor learning environment so that children enjoy free access to a wide range of toys and resources" Ofsted December 2015

Please visit our website [www.gislinghamplaygroup.com](http://www.gislinghamplaygroup.com) or phone us on 01379 788934

Also, every Monday morning at Gislingham Village Hall  
9.30am - 11.00am a Parent and Baby Group for under 2's,  
run by parents of the group  
Cost per session £2.00 per family



# ROOFLINE - PLUS

Look Up!

**BUILDING & ROOFING CONTRACTOR**

**CHIMNEYS REPOINTED / REBUILT / REMOVED**  
**HOUSE / WALL REPOINTING**  
**GUTTERING / FASCIA REPAIRS / ROOF REPAIRS**  
**30+ YEARS EXPERIENCE - ALL WORKS GUARANTEED**  
**FOR FRIENDLY ADVICE AND A FREE CONSULTATION CALL**

**01449 763218 - 07500 823292**

## Upstairs Downstairs

**A PREMIER CLEANING SERVICE**  
**...bringing a sparkle into your home**

- Regular housework
- One-off / Spring Cleans
- Trained uniformed staff
- Safe, secure and insured
- No hidden administration charges

Telephone: *Gigi Wadham-Smith*  
on 07580314010

Rookery Barn, Rookery Lane, Walsham-Le-Willows, IP31 3BD  
Head Office: 01672-541177

## Stuart Walker

### Decorating, Painting and Refurbishments

A locally based company offering an honest and reliable service.

Painting—Decorating—Refurbishments—Repairs  
All work considered indoors and out!  
Fully insured and free quotations provided

Please contact Stuart on: 07711606464 or [stuma1@hotmail.co.uk](mailto:stuma1@hotmail.co.uk)

### DSR PROPERTY MAINTENANCE

GENERAL BUILDING AND PROPERTY REPAIRS

New builds, Extensions, Garage, Room conversions, Roof repairs  
Concreting, Patios, Walls, Re-pointing, Brickwork,  
Gutter repairs, Fencing, Sheds,  
Wall and Floor Tiling  
Painting and Decorating

For free estimations call Dean on 07968 483055 / 01359 242438





Home Repairs  
Maintenance  
Kitchens  
Bathrooms  
Tiling  
Pressure Washing  
Flat Pack Assembly  
Decorating  
Shelving  
Odd Jobs

**No job too small**

**Call me today for a free quotation**

**Professional Service  
Fully Insured**

**Nigel:  
07765400464  
nedsolutions@outlook.com**

**N.E.D Solutions**  
Home Maintenance & Installations

nedsolutions@outlook.com  
07765400464



## Serenity Yoga Classes

Serenity Yoga uses relaxation, Hatha, Kundalini and Iyengar influences in our classes so there really is something for everyone. You can be any ability, age or experience - here at Serenity you will always be welcomed!

Get your first class for £5 with this advert!

### Classes

**Monday Woolpit The Room 6.30-7.30 pm & 7.45-8.45 pm**

**Wednesday- Thorpe Morieux Vil. Hall 7-8 am & Haughley The Green Room 9.30-10.30 am & Great Ashfield 11.30-12.30 & Thorpe Morieux Village Hall 6.45 pm**

**Thursday - Great Ashfield 9.30-10.30 am & Haughley 7.15-8.15 pm**

**Friday - Thurston Cavendish Hall 2-3 pm**

Contact Bethany on 07930 199582

[serenityyogabethany@outlook.com](mailto:serenityyogabethany@outlook.com)

[www.serenityyogasuffolk.com](http://www.serenityyogasuffolk.com)



## Wattisfield Relief in Need Charity

Charity Registration No. 211097

The Trustees of the above charity invite tenders for tenancy of a plot of land off Bobby Hill, Wattisfield 2.436 acres (1 hectare) unfenced and no water supply.

This land is initially offered on a three year tenancy agreement from 28th September 2019, subject to the Ministry of Agriculture's consent to the exclusion of the security of tenure provisions of the agricultural holdings legislation.

Applications to be sent to the clerk of this charity: Mrs. J. Freeman Dogwood The Street Wattisfield IP22 1NS

## GM Property Maintenance & Building Services

*Domestic & Commercial Maintenance & Improvement Specialists*

- Carpentry, Doors, Floors, Windows, Custom, etc
- Kitchen & Bathroom Fitting, Tiling, Refurbishment
- Plumbing, Sinks, Taps, Showers, etc
- Roofing & Roof Line Services
- Ground Works & Gardening, Patios, Fencing, etc
- Interior & Exterior Decorating
- Plastering, Skimming, Rendering inc Lime Render
- Electrical Indoor and Outdoor

**Tel: 07535 133965**

**Tel: 01449 781813**

**A Fully Insured & Dependable Service**

## K F CLEANING



### Domestic cleaning service

Professional service guaranteed

Ensure your home remains clean and tidy without compromising your time

**Fully Insured**

Call me now for your requirements

[kevin.flood2@btopenworld.com](mailto:kevin.flood2@btopenworld.com)

**01449780146**

**07703780330**

## ADRIAN SAYER OIL HEATING SERVICES EST. 1999

**BOILERS AND  
COMPLETE SYSTEMS**

**SERVICED AND  
REPAIRED**

**BREAKDOWNS  
ALWAYS A PRIORITY**

**01359 220119**

**07956 094433**



# Strands

## HAIR SALON



### IXWORTH

I have over 20 years Experience in Cutting & Styling Ladies & Gents hair

### OPEN HOURS

Tuesday, Wednesday, Thursday  
8.30am - 7.00pm

Friday  
8.00am - 6.30pm

So for a professional & friendly service phone Sarah on

**01359 230300**

Appointments not always necessary



**M A Heating Services**




- \* Oil, Gas and LPG boiler servicing, replacements and repairs
- \* Repairs to central heating system faults i.e. pumps, programmers and cylinders
- \* Servicing and repairs to Rayburn, Aga Stanley and Esse's
- \* Landlord's Certificates

**Telephone: 01379 783427**

Wickham Gate, High Street, Gislegham, Suffolk, IP23 8JD

**SUFFOLK**  
AGRI - CENTRE LTD  
**GROUND CARE**

**WE NOW STOCK**  
**CALOR GAS**  **CALOR**

**SUPER DEALS ON....**

LAWNMOWERS, STRIMMERS,  
CHAINSAWS AND HEDGE CUTTERS

**ATCO** **COUNTAX** **STIGA**

Lawnmowers, Chainsaws, Strimmers and Hedgecutters

**CALL IN TODAY OPEN MON-FRI 8-5 SAT 8-12**

Suffolk Agri Centre Ltd, Fen Road, Pakenham, Bury St. Edmunds, IP31 2JS

**Tel: 01359 232155**

*Service you can count on!*



### REASONABLY PRICED SERVICING

Our set service **ALL** makes  
Walk behind £70 inc vat  
Ride-ons up to 30" £145 inc vat  
Lawn Tractors over 30" £185 inc vat  
Cylinder Grinding also available



**cuttin**  
**room.com**

**unisex hair salon**  
**&**  
**tanning booth**  
**01359—251083**

**job vacancies available**  
**for experienced, professional stylists**



**PAUL MITCHELL**  
PROFESSIONAL SALON PRODUCTS

**BED**  
**HEAD**  
TIGI

**MATRIX**  
IMAGINE ALL YOU CAN BE







## WESTHORPE HALL *Residential Care*

### *For home from home care*

24 hour person centred care for persons 65 and over including dementia and respite care

Telephone 01449 781 691  
Email [office@westthorpehall.co.uk](mailto:office@westthorpehall.co.uk)  
[www.westthorpehall.co.uk](http://www.westthorpehall.co.uk)

Have questions ...



We are here to help

mcp  
SOLICITORS

[www.mcp-law.co.uk](http://www.mcp-law.co.uk)  
Cage Lane, Thetford,  
Norfolk, IP24 2DT

01842 756100

Business | Crime | Dispute Resolution | Employment | Family | Property | Wills & Probate

Also at Peterborough, Wisbech and King's Lynn

## ARBORICULTURAL AND LANDSCAPE SOLUTIONS

ALL ASPECTS OF TREE SURGERY  
SOFT AND HARD LANDSCAPING  
MAINTENANCE AND LAWN CARE  
DOMESTIC & COMMERCIAL CONTRACTS  
FULLY INSURED  
NPTC QUALIFIED



# GREEN SCENE

CONTACT FOR FREE QUOTATIONS AND ADVICE

01359 298141 / 07866 866880  
[INFO@GREENSCENETREESURGERY.CO.UK](mailto:INFO@GREENSCENETREESURGERY.CO.UK)

## West Suffolk Counselling

[www.westsuffolkcounselling.co.uk](http://www.westsuffolkcounselling.co.uk)

### PROFESSIONAL COUNSELLING SERVICE

Confidential counselling service to help with relationship problems, anxiety, depression, day to day difficulties or any personal issue you may be facing.

Registered member of the United Kingdom Council for Psychotherapy

Walsham-Le-Willows  
Bury St Edmunds  
IP31 3BD

Phone: 07792 635057  
Email: [westsuffolkcounselling@gmail.com](mailto:westsuffolkcounselling@gmail.com)

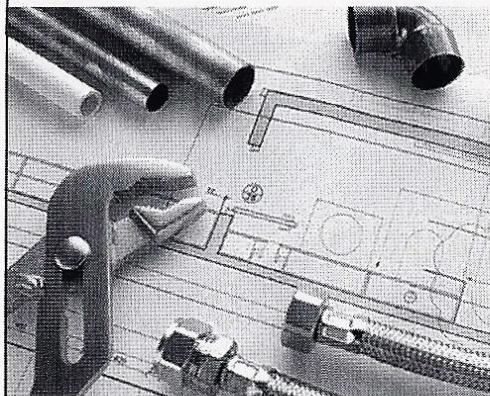


www.gasengineersburystedmunds.co.uk

# **WILLOWSERVE LTD**

## **Plumbing & Heating Services**

We provide Plumbing and Heating services in Bury St Edmunds, Stowmarket, Thetford, Diss, Sudbury and surrounding areas and cater to the general public and small, commercial companies. We are Worcester Bosch approved boiler installation, boiler servicing and we are also Gas Safe, OFTEC and CIPHE registered. We are City and Guilds qualified in energy efficiency, covering all aspects of Plumbing and Heating.



- **Plumbing and Heating**
- **Central Heating**
- **Underfloor Heating**
- **Replacement Boilers**
- **Boiler Servicing**
- **Boiler Installation**
- **Hot Water Cylinders**
- **Oil, LPG and Gas**
- **Landlord gas certificates**
- **Bathrooms, including tiling**
- **Gas appliances**
- **Water Softeners**

**Checkatrade**  
Where reputation matters



**Tel: 01359 259886 • 07771 557937**

Email: [willowservice\\_ltd@hotmail.com](mailto:willowservice_ltd@hotmail.com)

16 Grove Park, Walsham-le-Willows, Bury St Edmunds, Suffolk IP31 3AE

### **New beginnings.....**

December and January are the two month of the year when we prepare for two new new beginnings:

First – Advent 2<sup>nd</sup> December-and then the New Year - times when we are encouraged to make those new resolutions for the year – which sadly often only last but a few hours – days or if we are strong enough – longer...and may even end up as a life long commitments.....

Rather like an advertisement one reads in the local paper or is sent through the mail OR even through an unusual experience:

**URGENTLY REQUIRED FOR A WELL-KNOWN ORGANIZATION.....**

An Agent – must be loyal and willing to work in close co-operation with the Management and at all times required to adhere to strict company policy.

Must be willing and able to carry out orders without question.

Must be able to work and liaise with every member of the organisation from High/Top management – special messengers and fellow workers.

Although no previous experience is necessary a period of training will be necessary – however the applicant will need to have courage – determination and tenacity and a sense of humour. Must be willing to travel. Age is not of great importance but commitment and loyalty is an essential requirement.

However it must be pointed out – that the work is unpaid – Accommodation is not provided - and 'Life Insurance' is not negotiable.

[Incidentally – most of you know that I have to date spent 30 years with this organization- and have been supported by so many friends along the way]

Why not give it some thought and listen for your call.

*Freddie*

### **Community Transport Local Bus Service**

Community Transport needs your help to raise funds towards the purchase of a new Bus.

We are collecting Jumble and Bric a Brac to be recycled and sold for the new Bus.

Donations can be left outside the garage at:  
Corner Bungalow, Hinderclay Road, Wattisfield, IP22 1NF  
or phone 01359 251221 for collections.

Donations by cheque can be made out to :  
RBGNS No 2 A/C and given to the Bus Driver or sent to the above address.

We thank you for your support.



# Countryside, Conservation & Tree Services



Specialists in : Tree Surgery, Tree Planting  
Hedge Laying and Hedge Management  
Woodland & Fruit Tree Management  
Conservation & Landscape projects  
Also Stump Grinding  
Wood Chip Mulch

Peter Kerry

Telephone : 01842 862237 Mobile : 07792 995483  
peterkerry2018@gmail.com www.cctrees.co.uk  
£5,000,000 public liability insurance

## KST CARPENTRY & GENERAL BUILDING

ALL ASPECTS OF CARPENTRY COVERED  
NEW BUILD TO ALTERATIONS OR GENERAL MAINTENANCE  
KITCHEN AND BATHROOM FITTING , CERAMIC TILING AND  
PLASTERING.

CALL KRIS ON 07884334374 OR 01359221090

This trade  
since 1976

Domestic  
appliance repair,  
supply and  
installation



No VAT

Telephone  
01449 781599  
Mobile  
07596 744682

Hilldrop, Wickham Road, Finningham,  
Stowmarket, Suffolk IP14 4HT

**"THE ORIGINAL DOUG"**  
FORMERLY TRADING FROM FINBOW'S YARD

Email: daiken@btconnect.com



**All Vehicle type repairs and Maintenance, including:**  
**MOT Prep and Arrangement**  
**Servicing**  
**Diagnostic Fault Reading**  
**Breakdown and Recovery**  
**Air Conditioning**  
**Tyres, Batteries and Exhausts**  
**Welding and Bodywork**  
**Restoration Projects**  
**Tel: 01449 781927 07801989357**  
**MJHardwick@BTconnect.com**

## W.J.C PAINTERS

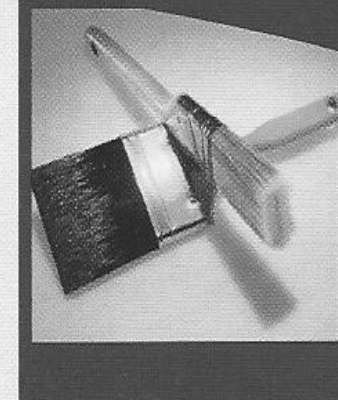
William Crocker

Professional Painter and Decorator.  
Interior and Exterior work, with  
free quotation.

Mobile: 07814 240840

Email: wjcpainters@hotmail.co.uk

www.wjcpainters.co.uk





Book your preferred appointment time by calling us  
or visiting our website:

- MOT Testing
- Vehicle Servicing
- Air conditioning service
- Diagnostic checks
- Remapping
- Repairs
- Order your tyres on-line, book your appointment on-line for fitting at your convenience.
- Courtesy car available.
- Courtesy service – we will take you home and pick you up again once your vehicle is ready.
- Assisted payment plan (Spread the cost over 4 payments)

**[www.bakmorautoservices.co.uk](http://www.bakmorautoservices.co.uk)**

Or call us on  
**01359 233524 / 254105**

Unit 3 Shepherds Grove Ind Est,  
**Stanton, Suffolk. IP31 2AR**

Visit our Facebook page for discounts & promotions

### **Make, Do & Friends—Artlink sessions**

**5th December—wreath weaving.  
Free art session.**

**Contact Lynn Whitehead  
[lynn@suffolkartlink.org.uk](mailto:lynn@suffolkartlink.org.uk)  
01980873955 to reserve a place**



### **Memory Stars for St Mary's Church Christmas Tree**

This year you are again invited to write a message on a gold star and to hang it on the Christmas tree inside the Church to remember those loved ones who cannot be with us this Christmas. The stars together with pens will be available from Friday 7th December on a table near the Christmas Tree. There is no charge for this however any donation in aid of the Church would be greatly appreciated.

*Cheryl Bartholomew*



### **Children's Tree Lighting Celebration.**



St Mary's in the Field, Langham  
Sunday 2nd December, 2.30pm  
Carols, candles, mulled wine and mince pies,  
hot chocolate and gingerbread.  
Everybody welcome (wear warm clothes!)

### **Elite Fencing & Garden Construction 365**

**JUST 10 MINUTES AWAY FROM YOU**

Fencing, gate, decking, patios, pergolas, paths, bases, turfing, demolition, regravelling driveways, garden clearance, garden projects & restoration, repairs, odd jobs a & more!

All types of outdoor work undertaken—small or large  
For **FREE ESTIMATES** call Trevor on: 01359 221128 or 07761651567  
Email: [trevor@elite-fencing.co.uk](mailto:trevor@elite-fencing.co.uk) Web: [www.elite-fencing.co.uk](http://www.elite-fencing.co.uk)



DRESSMAKING *Pearce's Pins* UPHOLSTERY

Dressmaking & Alterations  
Upholstery, Recovering, Repairs  
Consultations, Fabric and Sundry Sales  
Agents for dry cleaning and shoe repairs

Come and see us in our shop  
32/34 High Street Ixworth IP31 2HH

Opening Times  
Tues-Fri: 8.30am-4.00pm  
Sat: 8.30am-12noon

Tel: 01359 233017  
pearcespins@btinternet.com  
www.pearcespins.co.uk

## CHIMNEY SWEEP

### ECO SWEEP CHIMNEY SERVICES

- NEW POWER SWEEPING METHOD USED FOR A MORE THOROUGH CHIMNEY CLEAN THAN BRUSHES
- INDUSTRIAL HEPA FILTERED VACUUM
- FULLY INSURED
- INSURANCE RECOGNIZED CERTIFICATES ISSUED
- SPOTLESS, RELIABLE AND FRIENDLY SERVICE
- ALL CHIMNEYS, WOODBURNERS, AGA, BOILER FLUES SWEPT

**TEL: (01359) 232335**

## M.O.T. Due ?

Require a quick reliable  
professional service ?  
Services and MOT repairs  
also available

### Elmswell

Tests available for Cars, Small Vans & Transits up to 3.5 tonnes

### D.A.Bevan

The Work Shop, Grove Lane,  
Elmswell, Bury St Edmunds  
Suffolk IP30 9HN

We are Here



**Mot Hot Line 01359 244421**



### Claire St John Dip (Hons) WMSch ChPod

Associate Institute of Chiropody and  
Podiatry  
Professional, friendly and reliable  
service with 20+ years experience

Regular or one-off appointments in the  
comfort of your own home

Please call or email for an appointment

Email: [Claire.stjohn@icloud.com](mailto:Claire.stjohn@icloud.com)

Mobile: 07780 638 188



## DAVID MARTIN MOTOR VEHICLE ENGINEER AND CAR SALES



Local, honest, friendly, reliable family run business  
(with over 60 years experience) offering car and light  
commercial vehicle repairs at competitive prices  
**We are proud to be members of the Good Garage Scheme,**  
**check out some of our feedback @**  
**[www.goodgaragescheme.com](http://www.goodgaragescheme.com)**

**NO WORK IS CARRIED OUT WITHOUT FULL CONSENT FROM THE CUSTOMER**

- MOT repairs
- Batteries
- Diagnostics
- Brake overhauls
- Cam belts
- Courtesy car available
- Exhausts

- Local recoveries

### All MOTs £45

Class 4, 5 (minibus) & 7 (up to 3,500kg) incl.  
Free retest

- Tyres supplied & fitted at very competitive prices (available same day if ordered before 12pm)
- **FREE** local collection and delivery from your home or work place
- **Air con. re-gas from £45** (plus VAT)

### MOT & Service

(Including vehicles still under main  
dealer warranty)  
FROM

**£130** (inc. VAT)

(Subject to oil spec/quantity and filter prices)



Wishing our  
customers  
A Very


Merry Christmas  
And a Happy New Year  
From all at  
David  
Martins



**Open 8am - 5pm Monday - Friday**

The dwastre Place, Station Hill, Thurston, Bury St. Edmunds, Suffolk IP31 3QU  
[www.davidmartinmotorengineer.co.uk](http://www.davidmartinmotorengineer.co.uk) [info@davidmartinmotorengineer.co.uk](mailto:info@davidmartinmotorengineer.co.uk)

**Tel : 01359 230536 Mob : 07808 508864**



**Amanda Braham**  
 Maker of hand made Curtains, Blinds &  
 Soft Furnishings.

Willowcroft, Langham Rd,  
 Badwell Ash, Bury St Edmunds,  
 Suffolk IP31 3DS

01359 259752  
 07952883790

**Phil Laflin**  
**PLUMBING & HEATING**  
**General Repairs**  
**Tel: 01359 259677 or 07749 636 474**

**LITTLE WILLOWS PRE-SCHOOL**  
 Wattisfield Road, Walsham Le Willows

Open to children from **2 years** to 5 years old,  
 Monday to Friday 8.45am-2.45pm term time.


Morning and afternoon sessions available and  
 when combined provides full day care.

Highly trained staff, well equipped self  
 contained pre-school with fantastic fully  
 enclosed garden.

Friendly and safe environment for the children  
 to have fun and learn through play.

A member of the Pre-school Learning Alliance.

For more information or to arrange a visit please call the pre-school on 258702.



## Walsham le Willows and District WI



### September 2018

The work of the Women's Aid Refuge in Bury St Edmunds was brought vividly to life for members at our September meeting as our speakers bravely recounted their own experiences. Tracy and Kay each described different areas on which they now worked with clients, as they tried to rebuild disrupted lives following the trauma of domestic abuse. The refuge they described was so much more than a safe house as they tackled addiction issues and every kind of life skill that many of us take for granted. It was interesting that their work with community services and counselling sometimes extended beyond a stay in the refuge, as establishing and maintaining a new lifestyle can take a considerable length of time and can include several family members. Tracy and Kay delivered their talk with cheerful good humour and outlined all the different groups and sessions they run at the Refuge. President Jeannie Bloomfield then explained just why she supported the refuge and the campaign to end violence against women so strongly and shared her own tragic story. It was gratifying to see all three speakers had eventually turned their lives around and were putting their experiences back to work for good outcomes for others who found themselves in a similar position.

### October 2018

Several gentlemen joined our members this month. One of whom, with flower pot in hand, stepped forward to tell us how he had developed his love of plants, gardening and the wonder of the seasons. On the way we had a personal glimpse of what it was like to witness the Coronation. The 1911 Coronation of George 5<sup>th</sup>, for this was Brian Thurlow in the guise of "Mr Potter" the gardener, born 1900 and guardian of the knot garden at a fictitious "Glebe House". Brian, in a lengthy sustained character performance, transported us back to the years before the first World War and thence forward to our own era. At times, such was the detail, as we toured the walled garden we could almost smell the roses or the scent of freshly cut grass. The boyish enthusiasm gave way to deep respect for the cycle of growth as the gardener's boy became the Head Gardener and finished with retirement in his beloved knot garden, first created on a plate for the Flower Show so many years ago.

Jill Newell.

# Langham Grange Christmas Fair

Sunday 2nd December 2018 11am - 4pm

**Homemade Crafts & Luxury Gifts**

15% Off All Dr. Hauschka Products  
Mince Pies & Other Christmas Treats  
Scandinavian Homeware  
Goody Bags

**Langham Clinic.**

[www.langhamclinic.co.uk](http://www.langhamclinic.co.uk)

Langham Grange, Stock Hill, Langham, IP31 3EE

**Tel: 01359 258 700**

## **TankChange Ltd.**

### **Suppliers & Installers of Oil Tanks**

Family Business with Over 40 Years Experience  
Steel & Plastic Oil Tanks available  
Fully Insured OFTEC Registered Engineers.

Telephone: 01449 781210 (Out of Hours: 01449 781498)  
Mobile 07899 898720

Email: [Terry@tankchange.co.uk](mailto:Terry@tankchange.co.uk)  
Visit our Website@: [WWW.tankchange.co.uk](http://WWW.tankchange.co.uk)

*Discounts available to Parish Magazine readers*

## Wattisfield Relief in Need Charity

Charity registration No. 211097

This small charity is able to give grants throughout the year to those less well off in the Parish and those who find they are in need of financial assistance because of unexpected additional expenses.

Grants are also given in cases of special hardship, for example due to serious illness, accident, redundancy or bereavement.

Residents who do find themselves in difficulty and who could benefit from a little financial help may apply directly to the Charity and each case will be assessed on its own merits.

To apply please write in confidence to: The Trustees, Wattisfield Relief in Need Charity, The Steading, Bobby Hill, Wattisfield, IP22 1NL.

### **THE WESTHORPE TRUST**

The Westhorpe Trust is made up of several historic funds. The oldest is from the will of Richard Brown in 1641, who lived in Westhorpe and left ten shillings a year to the poor of the parish. Income also came from the properties at Town Yard which in the 19<sup>th</sup> century contained the parish workhouse and some arable land at Botany Farm, Walsham le Willows.

The Trust's income is divided into three parts all for the benefit of the inhabitants of the parish:

1. **Westhorpe Parochial Church Council** for the upkeep and services for St Margaret's Church;
2. The **Education Foundation** which gives every child a book token at Christmas. Those at university, college or other forms of Further or Higher Education or apprenticeships are given grants each academic year towards tuition fees, travel expenses, books, computers and other essential equipment. Help is also offered with other expenses such as school uniform, books and possibly school trips for those in nursery, primary and secondary school as well as others taking educational courses.
3. The **Village Fund** provides family and personal grants for any kind of assistance, emergency payments, help with transport and heating costs, grants towards village events and many other things which need funding and are of benefit to the parish. If you feel the Trust can help you or your family, an application form is available to download from the village website - [www.westhorpe.onesuffolk.net](http://www.westhorpe.onesuffolk.net) or get in touch with the Secretary – details below.

**All applications are treated in the strictest confidence**

Secretary, The Westhorpe Trust, Westhorpe Lodge, Westhorpe, Stowmarket IP14 4TA. Tel: 01449 781078, Mobile: 07876 496065 Email: [claire@ejbarker.co.uk](mailto:claire@ejbarker.co.uk)  
Registered Charity number: 263332





## LAMBERT'S SERVICE STATION LTD

Shop Green, Bacton, Stowmarket, IP14 4LG Tel. 01449 781260 Mob. 07834 778116

**MOTs while you wait**

**Recovery Service  
and Home Starts**

**Welding**

**Accident, Bodywork Repairs**

**Engine Management  
Lights**

**Service all Makes and Models**

**Tyres and Batteries  
Stocked**

**ABS**

**Air Conditioning**

**Engine Diagnostics  
and Fault Finding**

**RING TODAY FOR A FREE ESTIMATE ON ANY WORK NEEDED**

Opening Hours - 8.30 - 5.30 Monday to Friday and 8.30 - 12.30 Saturday

We have a fully equipped workshop where all manner of repairs can be undertaken

An MOT testing station and a Body Shop where we can undertake

Insurance accident repairs, general repair work and re-sprays.

We also operate a recovery service which includes Home Starts.

We are one of the few remaining rural Petrol Filling Stations  
and offer forecourt attended services.

[www.lambertsservicestation.co.uk](http://www.lambertsservicestation.co.uk) - [lamberts.l@btconnect.co.uk](mailto:lamberts.l@btconnect.co.uk)



or Find us on **Facebook**

[www.facebook.com/lambertsservicestation ltd](http://www.facebook.com/lambertsservicestation ltd)

### **LARGE WALLED GARDEN AVAILABLE LANGHAM HALL, BURY ST EDMUNDS, SUFFOLK, IP31 3EF**

This beautiful and productive three and a half acre walled garden is available for use as a base for a garden/nursery/kitchen garden business. The garden is currently used as a plant nursery and productive kitchen garden and is well maintained, but the current occupiers no longer need it. The owners are keen to ensure the garden remains productive and well kept, and so the garden would be available to the right applicant for a token rent in exchange for good maintenance of the gardens. At present, one half of the walled garden is an ornamental garden, with the other as a kitchen garden.

The garden dates from the 1750s and is surrounded by high brick walls in good condition, with gravel paths, greenhouses, cold frames and a large orchard. There is a generous car park and potting shed. It may be possible for the garden to split between the ornamental garden and kitchen garden. The garden will be available from the start of 2019.

Please email [office@aspiroent.co.uk](mailto:office@aspiroent.co.uk), or call 0207 193 1466, with any questions or to arrange a visit.







**Suffolk Sweep**



## Chimney Sweeping Services

As a member of the Guild of Master Sweeps  
I am committed to providing a professional service,  
ensuring your chimney is kept clean and your home safe.

**My services include:**

- § Sweeping open fires, all solid fuel appliances and gas and oil boiler fires.
- § Safety inspections and smoke testing
- § Carbon monoxide and smoke alarms supplied and fitted
- § Insurance company recognised certificates issued
- § Fully insured

**The safety of your home is paramount and all services are carried out in strict accordance with current regulations and approved sweeping methods.**

**Phone: 01449 737513**

**Or text SWEEP to 07858 768162**

**9 Gedding Road, Drinkstone, Bury St Edmunds, IP30 9TD**



## THE EPIPHANY SINGERS EPIPHANY CAROL CONCERT

**Conductor: Simon Carrington**

Yale Professor emeritus

**Organist: David Hill**

Conductor, London Bach Choir

**Saturday 5th January 2019**

**7.30pm**

**St Mary's Church, Walsham le Willows**

For many years we in Walsham have been really privileged to have this very talented group of people come and sing in our church.

They arrive from all over the country and abroad, many of international fame.

This is a very special evening. You don't have to be a church-goer, just someone who enjoys beautiful music and the most wonderful singing. Some of the pieces you may recognise, others will be new, but all will be memorable.

Tickets are not required but there will be a retiring collection .

**EPIPHANY CHORAL EUCHARIST**

**Sunday 6th January 2019 11.00am**

Drinks will be offered in the church after the service, to which everyone is also very welcome.



## Yourflowers

*When You Think of Flowers Think of Ours*

Flowers for all Occasions – Funerals Weddings, Corporate,  
Hand tied, Birthdays.

Indoor and Outdoor Plants

Sweets bagged for Children's parties.

Chocolate handmade in the UK, Candy Cart for Hire,

Balloons and Gifts

Deliveries over a 20-mile area

**Visit our website to see our large range of floral ideas**

[www.yourflowers.florist](http://www.yourflowers.florist) [enquiries@yourflowers.florist](mailto:enquiries@yourflowers.florist)

Unit 5, Finbows Yard, Station Road, Bacton, Suffolk, IP14 4NH  
01449 781892



Nexus Stoves offer a complete supply and installation service across a wide selection of traditional and contemporary woodburners, multi-fuel and pellet stoves. Our beautiful showroom is always filled with a varied display from top manufacturers such as AGA, Stuv, ESSE, Dean Forge and Chilli Penguin.

☎ ( 01379) 671 168

✉ [info@nexusstoves.co.uk](mailto:info@nexusstoves.co.uk)

Nexus Stoves, Maltings Barn, Hinderclay Road, Wattisfield, Diss,  
Norfolk, IP22 1NF

## Village Events

### WALSHAM-LE-WILLOWS

**Saturday 5th January, Epiphany Singers Carol Concert.** St Mary's Church. 7:30pm. Tickets not required. Retiring collection.

WOULD LIKE TO SAY A VERY BIG THANK YOU TO ALL WHO HELP – SUPPORTED AND ATTENDED THE SERVICE ON 22 SEPTEMBER.

It would not be fair to name all who helped in fact it would be impossible.... – for it can cause heartache if a name is inadvertently left out.

It was a wonderful day for re-kindling old friendships and memories – reminiscing and then introducing new friends.....

The Church looked wonderful – as did the Village Hall.

Our Rector Rev. Philip Merry welcomed the congregation and guest Ministers. Service led by Roy Tricker who was supported by my guide and mentor Canon Rev. Sally Fogden [who you will all remember from Honington] who led the Prayers]. Our ex- Rural Dean Rev. John Fulton administered the Blessing.

Our music was enhanced by the Stanton Benefice Choir - it was a great privilege to have old friends/members of All Saints, Stanton there to remind where I was first licensed.

There were in the region of 100 folk who joined us for refreshments [etc. etc. glasses 'clinked'] plus 2 beautiful Birthday Cakes both presented by friends.

Possibly the important point was that £600 was raised for 'Badwell Ash's Kitchen Fund....which incidentally still needs further help.

So my friends - once again – thank you and God Bless you all - for all your help – remember - it could not have happened without YOU.

Incidentally I was also once again Licensed on Sunday 23<sup>rd</sup> [my birthday] for a further years service with the Benefice

*Freddie*

# THE PINE HOUSE co

## HAND MADE FURNITURE

ANY SIZE TO YOUR DESIGN

Including Hand  
Made Fitted &  
Free-Standing  
Kitchens in

OAK \* PINE \*  
RUSTIC PLANK  
\* RECLAIMED  
& DRIFTWOOD  
TIMBERS

*Gifts & Baskets*



Hand  
waxed and  
farrow & ball  
painted  
finishes

[www.thepinehousecompany.co.uk](http://www.thepinehousecompany.co.uk)

Tel/Fax: 01359 235030

[Information@thepinehousecompany.co.uk](mailto:Information@thepinehousecompany.co.uk)

Spinney Garage, Stowlangtoft near Bury St Edmunds, IP31 3JS

[www.facebook.com/ThePineHouseCompany](http://www.facebook.com/ThePineHouseCompany)

<https://twitter.com/PineHouseCo>

Open Mon-Sat 9am-5pm, Sun 10am-4pm, Closed Tuesdays.



WATTISFIELD WOOFERS



**I believe in a bespoke and personal service, whereby I will care for your dog as I do my own and ensure its individual needs are met. A dog walker you can trust and who will give you peace of mind.**

3 years of experience

Fully insured

CRB checked

30 to 60 minutes walking times (£7/£11)

7 days a week (£2 surcharge for Weekends/Bank Holidays)

Home visits for puppies and feeding of cats

Contact Ros on 07930916314 or [rosalind.cappleman@sky.com](mailto:rosalind.cappleman@sky.com)

## MACK HEATING SERVICES LTD

Oil fired boiler and AGA specialist

Servicing, Repairs and Commissioning on all makes of domestic  
and light commercial oil fired boilers.

**\*AGA Specialist \*Oftec registered**

Facebook: Mack Heating Services LTD

Email: [mackheating@outlook.com](mailto:mackheating@outlook.com)

Phone: 07931 900036

Ryan Mackintosh



Registered  
Business



## Inspirational Gardens Professionally Designed, Expertly Created

Want something fabulous but  
don't know where to start?

Contact me for a friendly, down  
to earth chat



**01359 77 2017**

[enquiries@plants-for-life.com](mailto:enquiries@plants-for-life.com)

**PLANTS FOR LIFE**  
HORTICULTURAL KNOWHOW

I'm qualified with a horticultural  
degree from Writtle College, have  
worked at the Beth Chatto Gardens  
and been designing gardens since  
2002

[www.plants-for-life.com](http://www.plants-for-life.com)



### OUR EXPERTISE AT YOUR SERVICE

◆INVESTMENTS◆PENSIONS◆RETIREMENT  
PLANNING ◆ESTATE PLANNING◆ETHICAL  
INVESTMENTS◆FAMILY COVER◆BUSINESS

**Tuddenham Hall Estate Office**  
Tuddenham  
Ipswich  
Suffolk  
IP6 9DD

**Tel: 01473 784430**

**Email: [info@pearsonfinancial.co.uk](mailto:info@pearsonfinancial.co.uk)**  
**[www.pearsonfinancial.co.uk](http://www.pearsonfinancial.co.uk)**

**3 Dickens House**  
Guithavon Street  
Witham  
Essex  
CM8 1BJ

**Tel: 01376 503561**

**Email: [info@pearsonfinancial.co.uk](mailto:info@pearsonfinancial.co.uk)**  
**[www.pearsonfinancial.co.uk](http://www.pearsonfinancial.co.uk)**

Authorised and regulated by the Financial Conduct Authority FCA No: 442021  
Directors: A.J. Keith and S. Pyne

Registered in England N°.  
5560693



**Bury St Edmunds Concert Band**  
and **Walsham le Willows**  
**Primary School Choir**



# Carol Concert

**Sunday 9th December at 4pm**

*St Mary's Church, Walsham le Willows*

## Tickets:

**£5.00 adults / £2.50 children**

Available from:

**Walsham le Willows Primary School**

**Tel: 01359 259319**

More info: [www.burystedmundsconcertband.co.uk](http://www.burystedmundsconcertband.co.uk)

Reg. Charity No. 160092 Design: NICK BURMAN



## SM PEST CONTROL SERVICES

WE DEAL WITH: Rats, Mice, Squirrels, Cluster Flies, Fleas, Moles, Rabbits, Bed Bugs, Carpet Beetle, Moths, Woodworm, Wasps, Hornets and Bees

Competitive Rates  
Free Advice  
BPCA Member  
Fully Insured



01359-232745 or 01284-544842  
info@smpestcontrol.com  
www.smpestcontrol.com

## TIME FOR YOU DOMESTIC CLEANING

Typically  
**£12.00**  
per hour



- ✓ Cleaning over 400 homes for 10 years
- ✓ Same reliable weekly cleaner
- ✓ Insured service
- ✓ Our cleaners are fully vetted
- ✓ Great customer service



Call today: 01359 258991  
www.timeforyou.co.uk

### Message from Liz Thornton

I am collecting stamps [any country, any value] for the Royal National Institute for the Blind [R.N.I.B] and Action on Hearing Loss [formerly R.N.I.D].

Please leave [1cm] around the stamps if possible and put them through my letter box at:

**Church House,  
The Street,  
Badwell Ash.**

Many thanks

Something for everyone  
this Christmas at  
Wattisfield United Reformed Church.

**Wed 28 November 7:00 – 9:00 pm**

Bible based discussions on a Christmas movie –

This week 'Elf' and exploring 'Identity and Personal Gifts'

**Wed 5 December 7:00 – 9:00 pm**

Bible based discussions on a Christmas movie –

Continuing with 'Elf' and exploring 'Belief in things unseen and the Joy of Christmas'

**Sat 8 December 2:00 – 5:00pm**

Advent Fun

An afternoon of crafts and activities for all the family, concluding with our annual 'pop-up' Nativity service.

**Wed 12 December 7:00 – 9:00 pm**

Bible based discussions on a Christmas movie

This week 'A Christmas Carol' and exploring 'Judgement'

**Wed 19 December 7:00 – 9:00 pm**

Bible based discussions on a Christmas movie

Continuing with 'A Christmas Carol' and exploring 'Repentance and The Christmas Spirit'

**Tues 25 December 10:00 – 11:00am**

Christmas Morning Service

A family service to welcome Jesus as we celebrate Christmas together.



**GOING ABOVE AND BEYOND  
TO FIND YOUR BUYER!**

Delivering the advice and results you  
need and always with a smile  
(cape optional!)

**allhomes** town and  
country  
**MORE THAN JUST AN ESTATE AGENT**

01359 234444  
mail@allhomes.uk.com  
allhomes.uk.com

## Transport Needed?

The Rickinghall & District Community Bus is available for hire to readers of this publication. Typical journeys include shopping trips, health centre visits, dentist, optician, chiropodist, hospital appointments and visits.

The bus is also available for visiting friends and relatives, in fact pretty well anything you need.

Door to door service, any help a pleasure.

Wheelchairs no problem.

Please telephone Gordon on 01379 897 109 (24/7 ansaphone).



**E&D Boiler  
Maintenance Ltd**



**LOCAL, PROFESSIONAL, ESTABLISHED SPECIALISTS IN  
Oil, Gas & LPG**

**Servicing, Breakdowns, Repairs and Installations**

**All makes covered including**

**Grant, Worcester Bosch, Boulter Camray, HRM Wallstar,  
Vaillant, Baxi.**



**Telephone  
01379 898574**



**Upper Church Farm, Finningham, Road. Rickinghall, Suffolk IP22 1LP**

**www.boilerrepairsuffolk.co.uk**





Tel: 0782 5253 720

Email: [info@rewtstreesandgardens.co.uk](mailto:info@rewtstreesandgardens.co.uk)  
[www.rewtstreesandgardens.co.uk](http://www.rewtstreesandgardens.co.uk)

Qualified tree surgeon & horticulturist

Honest reliable service offering:

- **Tree surgery:** from light pruning to large tree removal.
- **Garden landscaping:** from small back gardens to large estates.
- **Garden maintenance:** from a little weeding to a major clearance.

**Qualifications & portfolio  
available for viewing**

## Scamp & Logan DOG GROOMING

Unit 5, Finbows Yard, Bacton, Stowmarket.  
IP14 4NH

- Fully insured.
- 10 years experience.
- Breed cuts and hand stripping.



- Secure, stress free environment.
- One to one personal service.
- Nail clipping & attention to anal glands.

BOOKING NOW  
07711 582329  
[ruth.irving@outlook.com](mailto:ruth.irving@outlook.com)

## WATTISFIELD TOWN ESTATE CHARITY

This Charity administers a modest income from lands given by the Rust, Osborne and other families of Wattisfield for the benefit of the inhabitants of the Parish. We are able to give grants throughout the year, to those less well off in the Parish and those who find they are in need of financial assistance because of unexpected additional expenses.

At this time of year we have given grants to help with school educational trips or for the purchase of books for study.

Grants are also given in cases of special hardship, for example due to serious illness, accident, redundancy or bereavement. We have also given grants for unexpected travel expenses.

Residents who do find themselves in difficulty and who could benefit from some financial help may apply directly to the Charity and each case will be assessed on its own merits.

To obtain an application form please write in confidence to:

The Trustees, Wattisfield Town Estate Charity, Hall View House, Chapel Road, Wattisfield, IP22 1NU. Or email: [mikfirehouse-wattisfieldtec@yahoo.co.uk](mailto:mikfirehouse-wattisfieldtec@yahoo.co.uk)

Charity Commission Registration No. 211095



## Carberry Plumbing & Heating Ltd

07506 706121  
01359 760 220  
[carberrypumbing@gmail.com](mailto:carberrypumbing@gmail.com)

- free quotations
- oil boiler service
- bathrooms, kitchens
- complete heating system
- boilers
- or simply a dripping tap!



## COMMUNITY YOGA FOR HEALTH

Simple breathing, stretching and relaxation.  
Suitable for beginners

Thursdays 7.15-9.15 at Walsham School

Details from Julia (BWY) 07980476140

[dunnicliffej@hotmail.com](mailto:dunnicliffej@hotmail.com)



## DANCE YOURSELF FIT WITH



Monday 10-11 a.m. Cotton Village Hall

Monday 7-8 p.m. Badwell Ash Village Hall

Wednesday 6:15-7:15 p.m. Norton Village Hall

Friday 9:15-10:15 a.m. Norton Village Hall

**Ditch the workout.**

**Join the party.**



# FITSTEPS®



A Ballroom and Latin American Dance exercise class, suitable for all abilities and you don't need a partner.

Wednesday 7:30-8:30 p.m. Norton Village Hall

Thursday 6-7 p.m. Horringer Community Centre

**CLASSES COST £5, PAY ON THE DOOR.**

**Everyone is welcome.**

Email – [josie@dancingsparkes.co.uk](mailto:josie@dancingsparkes.co.uk)

Text or phone – 07786210506



Josie Sparkes-Houghton  
ZumBa Fitsteps

Get your first class half  
price in January 2019.

(Classes start back  
07.01.19.)



Why not have a go at something  
different? It's free!!

## Haughley Hoofers North West Clog Dancers

North West Clog Dancing has its origins in the spinning and weaving towns of Lancashire and Cheshire.

Haughley Hoofers are offering a free 8 week course in North West Morris dancing starting 30<sup>th</sup> September. Come along to the first taster session and have a go.

No experience needed and no obligation

New musicians welcome (acoustic instruments). Our practice sessions are on Sunday evenings 7.30-9.30pm in Haughley Village Hall, near Stowmarket.

In the Summer we dance at fetes, festivals, pubs and farm shops.

Ring Sue on 01449 766747 to find out more.

Website: [www.haughleyhoofers.org.uk](http://www.haughleyhoofers.org.uk) or see Haughley Hoofers on Facebook

## Pawfect Moments Dog Walking and Petcare

(Badwell Ash and surrounding villages)



I am available to walk your dog/dogs, provide doggy day care, pet sitting and home visits for feeding, medication and toileting.

I appreciate that all pets are different and have a variety of needs. Therefore I always start each new relationship with a free initial home visit. I am fully insured, have attended a Canine First Aid course and am currently studying with the British Canine College for a Diploma in Professional Dog Walking.

I'm looking forward to hearing from you.....



Caroline Morris: 07843 248 411

[cdv\\_11@hotmail.com](mailto:cdv_11@hotmail.com)

Web address: [pawfectmoments.co.uk](http://pawfectmoments.co.uk)

Facebook: Pawfect Moments Pet Care



Unit 18, Tomo Estate, Stowmarket, IP14 5AY

DO YOU WANT FRESH MILK  
DELIVERED FREE TO YOUR DOOR  
IN GLASS BOTTLES?



THEN LOOK NO FURTHER

We are a local family owned milk delivery business

We deliver fresh milk & many other products to your  
door 5 days a week.

Visit our Website [www.suffolkdairies.co.uk](http://www.suffolkdairies.co.uk) to see our  
full range of products

If you would like to arrange a delivery or discuss your  
requirements

Contact us on

Telephone 01449 676746  
Email [milk@suffolkdairies.co.uk](mailto:milk@suffolkdairies.co.uk)

## The Old Tea Room Veterinary Surgery

For a professional caring service

Elmswell



Independent practices with a personal approach

Stowmarket

Stowe Veterinary Centre  
01449 613 130 • [stowevets.co.uk](http://stowevets.co.uk)

Stowe Farm and Equine Centre  
01449 776 201

Ipswich

Ipswich Veterinary Centre  
01473 555 000 • [ipswichvetcentre.co.uk](http://ipswichvetcentre.co.uk)

Bury St. Edmunds

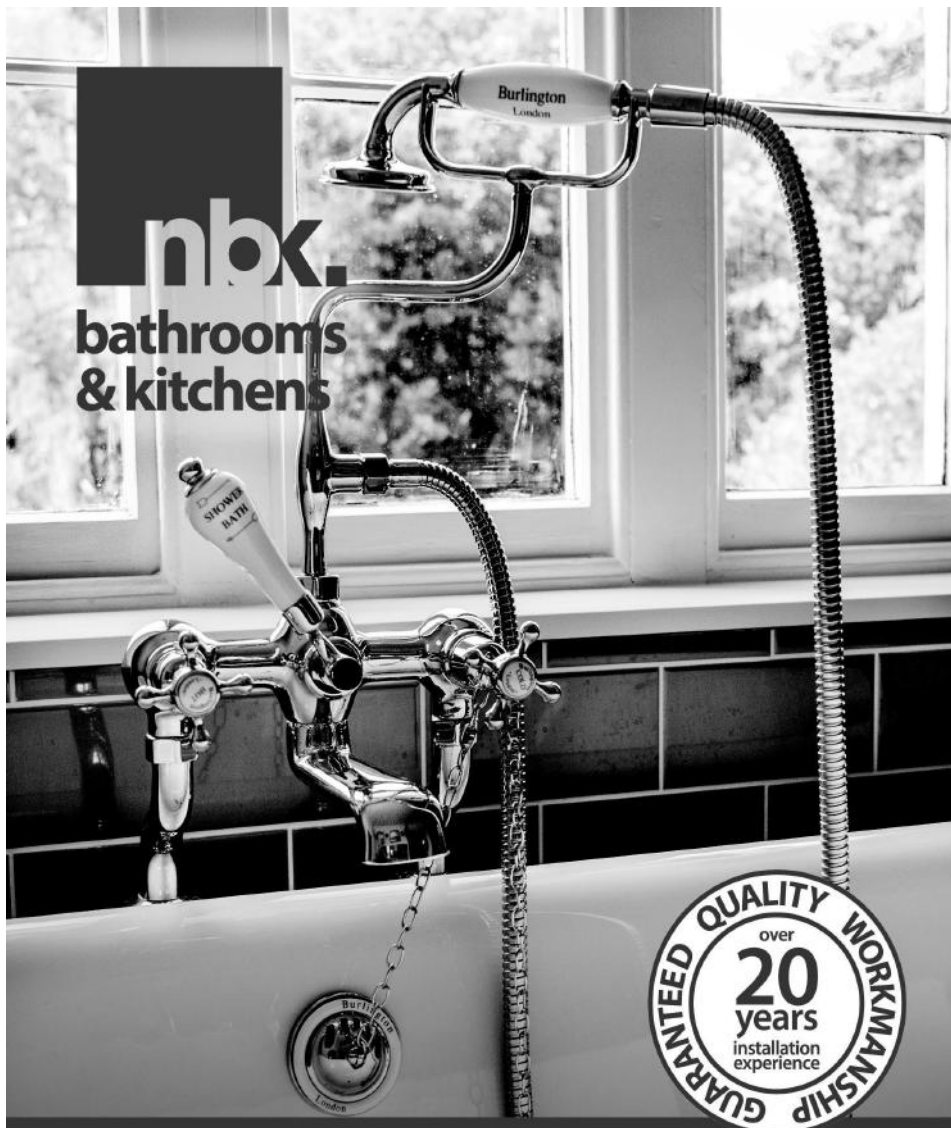
Moreton Hall Veterinary Centre  
01284 747 000 • [moretonhallvets.co.uk](http://moretonhallvets.co.uk)

Needham Market

The Mustard Pot Veterinary Surgery  
01449 722 198 • [needhamvets.co.uk](http://needhamvets.co.uk)

Elmswell

The Old Tea Room Veterinary Surgery  
01359 241 761 • [elmswellvets.co.uk](http://elmswellvets.co.uk)



**n.b.k.**  
bathrooms  
& kitchens

Contact us today for your **FREE** survey

**Diss 01379 640812**

Carmel Works, Park Road, Diss IP22 4AS

**n-b-k.co.uk**

f facebook t twitter i instagram

## Natural Balance Reflexology

*Reflexology is a non-intrusive complementary therapy, by applying pressure on particular points of your feet, hands or face it can help your body restore its natural balance.*

*Reflexology has a number of benefits including improved sleep, improved circulation and reduced stress levels.*

*I am a qualified reflexologist and have completed additional training in maternity reflexology and reflexology for anxiety and mild depression.*

*I have also completed training in facial reflexology, other benefits can include smoother, glowing and healthier skin.*

***Indian head massage now also available.***

*Indian head massage works on your neck, shoulders and upper back as well as your head and marma points.*

*Not only is the experience very relaxing, Indian Head Massage can help to reduce muscle tension, improve sleep, promote hair growth and stimulate lymphatic drainage.*

***Call Zoie – 07968 903567***

*Appointments available in Walsham le Willows*

*or from the comfort of your own home.*





## *Benefice Services Dec 2018-Jan 2019*

<b>2<sup>nd</sup> DECEMBER</b>	<b>ADVENT SUNDAY</b>	
8.00am	Holy Communion	Walsham
10.00am	Family Communion	Badwell Ash
11.00am	Holy Communion	Wattisfield URC
2.30pm	Carol Service	Langham
6.00pm	Benefice Advent Carols	Walsham
<b>6<sup>th</sup> DECEMBER</b>	<b>BISHOP NICOLAS</b>	
7.00pm	Compline	Finningham
<b>9<sup>th</sup> DECEMBER</b>	<b>2<sup>nd</sup> SUNDAY of ADVENT</b>	
8.00am	Holy Communion	Walsham
10.00am	Family Communion	Westhorpe
11.00am	Morning Worship	Wattisfield URC
3.30pm	Christingle	Finningham
<b>13<sup>th</sup> DECEMBER</b>	<b>LUCY the Martyr</b>	
7.00pm	Compline	Westhorpe
<b>16<sup>th</sup> DECEMBER</b>	<b>3<sup>rd</sup> SUNDAY of ADVENT</b>	
8.00am	Holy Communion	Walsham
10.00am	Christingle	Badwell Ash
11.00am	Morning Worship	Wattisfield URC
3.00pm	Carol Service	Finningham
6.00pm	Carol Service	Walsham
<b>18<sup>th</sup> DECEMBER</b>		
7.00pm	Carol Service	Wattisfield
<b>20<sup>th</sup> DECEMBER</b>		
6.00pm	Carol Service	Westhorpe
<b>23<sup>rd</sup> DECEMBER</b>	<b>4<sup>th</sup> SUNDAY of ADVENT</b>	
8.00am	Holy Communion	Walsham
10.00am	Holy Communion (said BCP)	Westhorpe
10.45am	United Service	Diss URC
11.00am	Matins	Walsham
<b>24<sup>th</sup> DECEMBER</b>	<b>CHRISTMAS EVE</b>	
3.30pm	Crib Service	Walsham
5.00pm	Carol Service	Badwell Ash
11.15pm	Christmas Eve Mass	Walsham

## *Benefice Services Dec 2018-Jan 2019*

<b>25<sup>th</sup> DECEMBER</b>	<b>CHRISTMAS DAY</b>	
8.30am	Holy Communion (said BCP)	Badwell Ash
9.30am	Family Communion	Finningham
10.00m	All age service for Christmas	Wattisfield URC
10.30am	Family Communion	Walsham
<b>30<sup>th</sup> DECEMBER</b>	<b>1<sup>st</sup> SUNDAY OF CHRISTMAS</b>	
8.00am	Holy Communion	Walsham
10.00am	Benefice Family Communion	Westhorpe
11.00am	Morning Worship	Wattisfield URC
<b>6<sup>th</sup> JANUARY</b>	<b>EPIPHANY</b>	
11.00am	Benefice Holy Communion	Walsham
11.00am	Holy Communion	Wattisfield URC
<b>13<sup>th</sup> JANUARY</b>	<b>BAPTISM of CHRIST</b>	
8.00am	Holy Communion	Walsham
10.00am	Epiphany Workshop/Worship	Finningham
10.00am	Family Communion	Badwell Ash
11.00am	Morning Worship	Wattisfield URC
3.00pm	Evensong	Westhorpe
<b>20<sup>th</sup> JANUARY</b>	<b>3<sup>rd</sup> SUNDAY of EPIPHANY</b>	
8.00am	Holy Communion	Walsham
10.00am	Holy Communion	Finningham
10.30am	Songs of Praise	Walsham
11.00am	Holy Communion	Wattisfield URC
	(Celebrating a Week of Prayer for Christian Unity)	
<b>27<sup>th</sup> JANUARY</b>	<b>4<sup>th</sup> SUNDAY of EPIPHANY</b>	
8.00am	Holy Communion	Walsham
10.00am	Family Communion	Westhorpe
11.00am	Matins	Walsham
11.00am	Morning Worship	Wattisfield URC
<b>3<sup>rd</sup> FEBRUARY</b>	<b>CANDLEMAS</b>	
8.00am	Holy Communion	Walsham
10.00am	Benefice Family Communion	Wattisfield
11.00am	Holy Communion	Wattisfield URC
7.00pm	Compline	Walsham

**Wednesday Morning Eucharist In the Priory Room at 9.30am followed by Refreshments and Fellowship.**