The Benefice of Badwell & Walsham0

Priest in Charge: Rev'd Philip Merry 01359 258806 (philipmerry@hotmail.co.uk) 07526 271784

Retired Priest: Rev'd Pamela Robson 01359 258939 (robsonpam@btinternet.com)

Rural Dean: Rev'd David Messer 01359 250239

Benefice Readers: lan Jackson 01449 781392

Freddie Montgomery 01359 240271

Benefice Elders: Janet Kerridge 01359 259563

Jill Scarfe 01359 258849

Andrew Strickland 01449 781487

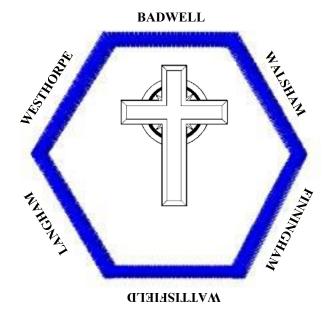
Please send your articles, jokes, fundraising event reports, puzzles, recipes and Church announcements for inclusion in this magazine (or anything else you fancy) to Rowena @ rowenagavars@gmail.com or ring 01359 259385

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Last date for items for inclusion in the next issue is Thursday 9th, November, 2017.

The Benefice of Badwell & Walsham



Hexagon

October-November 2017

Message from Liz Thornton

I am collecting stamps [any country, any value] for the Royal National Institute for the Blind [R.N.I.B] and Action on Hearing Loss [formerly R.N.I.D].

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Contact Judith on 01359 258251 or judith@gharlow.plus.com

HEXAGON COPY DEADLINE

The deadline for the next issue is **Thursday 9th November 2017**. Please send items for inclusion to the Editor: Rowena Gavars (rowenagavars@gmail.com / 01359 259385)

From The Rectory:

As we move through this season of autumn it is with an ever growing sense of the change in our weather. We still enjoy days which remind us of summer and yet increasingly we are reminded of the approach of winter, and ever darkening evenings. As the month of November comes it brings with it its own particular flavour. It is a month of mists and damp days, of bonfires and fireworks, but above all it is a month of remembering.

All Saints day is on the 1st of November, and is a day when we remember not just those Saints like St Francis and St Mary, but all the holy men and women both sides of the grave who have lived Christian lives. The Church calls them the Communion of Saints, and we will remember them in Walsham Church that morning, and afterwards I shall be sharing thoughts of Sainthood with the children of Walsham School.

On the 2nd November, on what is known as All Souls Day, we remember our own loved ones who have died; an opportunity to acknowledge and give thanks for every person dearly loved and missed. Whether a relative or friend has died recently or many years ago, it is important to acknowledge the grief that we carry with us, and the void that remains from their absence. (details of this service are to be found further on).

We continue the sombre theme with our Services of Remembrance within our various communities. We honour the memory of those who have died through conflict, by praying for both those who lost their lives, and for a future world peace.

During August this year Liverpool Parish Church held a memorial service for the fallen of the Liverpool Scottish Regiment during the 1st World War, and the focal point was Captain Noel Chavasse, of the Royal Army Medical Corps, attached to the Liverpool Scottish Regiment. Chavasse was the son of the Bishop of Liverpool, an academic, sportsman and doctor. When war broke out, Chavasse distinguished himself by his untiring and unselfish care of the wounded and dying, often under enemy fire (cont'd →)



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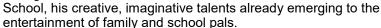
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Lives Remembered

David Bell 2nd October 1945 - 5th July 2017

A recent but well known resident of Finningham, David Bell was born in Jarrow and brought up in a lively household with five siblings. He attended the Jarrow Grammar





The swinging 60s found him in London, working for British Rail, before returning to the North East to take up a career in the Merchant Navy, rising through the ranks to Master Mariner. He was mostly a "China Sea Man", but travelled throughout the world (as his store of amusing anecdotes revealed). In 1971 he met Marion in South Shields while studying for his "tickets" and in 1972 they wed. After a period together at sea, they started a family, James in 1975 and Jeffrey in 1979. It was time to come ashore as a family man, achieve a degree in Nautical Studies, and begin lecturing at the renowned Marine School in South Shields, where he became a popular teacher.

During the 70s and 80s, David had many interests, always encouraging in his boys a love of books and knowledge. He ran marathons and half marathons with no training but amazingly good times. He had a model railway phase much to the delight of the boys. His lovely singing voice blossomed on the North Eastern folk scene, adding dialect poetry writing to his talents. Family camping and walking holidays were enjoyed and recorded on his trusty video equipment brought back from travels to Japan. David also brought home several home computers which helped his sons gain a head start in the world of technology.

In the late 90s, he left the Marine School to take up a role as Local Historian and to study Renaissance Art with the Open University. He wrote many books on various North Eastern historical topics which developed further into giving talks and song recitals for the entertainment of History Groups, U3As and of course WIs. (These were becoming popular here in Suffolk with "Singing Sailors" and "Ireland in Song".)

 $(cont \rightarrow)$



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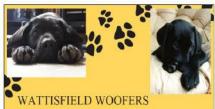
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FORTHCOMING SERVICES

All Souls Day - Thursday November 2nd

There will be a service at 7.00pm in St Mary's Church **Walsham** to remember the departed. This will be a short simple said service of Compline during which the congregation are warmly invited to light candles in memory of family and friends no longer with us. Names of the departed will be read out and whether or not you wish to attend the occasion you are welcome to pass on names to myself or the Churchwarden (Janet), and I will have them read out during the service. Philip.

Services for Remembrance

There will be a Service of Remembrance for the staff and pupils of Walsham-le-Willows CEVCP School in Walsham Church at 9.30am Friday 10th November; **ALL** are warmly welcome.

On Saturday 11th November a short Act of Remembrance will take place at the Walsham War Memorial; please gather by 10.50am.

Remembrance Sunday 12th November Services will begin at 10.50am at the Respective War Memorials of **Finningham, Walsham and Westhorpe,** followed by services in church.

There will be a short Act of Remembrance in **Wattisfield** Church at 10.50am on Sunday 12th November.

Please note that the Service of Remembrance in **Badwell Ash** Church will be at **10.15am in the church**, followed by an Act of Remembrance at the Village War Memorial at **10.50am**. All are warmly invited to one or both, and refreshments will follow in the Village Hall, courtesy of their committee, please do come along. Philip.

Stir-up Sunday and Christ the King

On Sunday 26th November there will be an **ALL-AGE** 10.00am service in **Finningham** Church to celebrate Christ the King and remember the tradition of 'Stir-up Sunday.' This is a very informal service when Christ the King Crowns can be made, along with Advent Calendars and the traditional Christmas Pudding will be stirred.

There will be informal worship, refreshments and Christian Fellowship on offer; **ALL** ages are warmly invited.

 $(cont'd \rightarrow)$

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From the rectory (con't)

Chavasse was awarded the Military Cross and then became the only man to receive the Victoria Cross twice during the 1st World War. After receiving his first VC. his father remarked: 'You have been known so far as the son of the Bishop of Liverpool: I shall be known henceforth as the father of Captain Chavasse.' His second VC was awarded posthumously.

The Chavasse family were Evangelical as well as sacramental and pious. One of Noel's letters to home read; 'At midday I rushed off and attended Holy Communion in a ruined church. There were a lot of men and officers there and it was really a very impressive sight to see them kneeling so reverently and expectantly to receive the sacrament.' At both the memorial service in 1917 and again this year, Noel's favourite hymns were sung; 'Just as I am,' and 'Praise to the Holiest,' both show a profound acceptance of salvation through Jesus Christ. It was said of Noel; 'He was a man of valour because he was a man of God. He might have been a great a surgeon; he might have been a really great clergyman and medical missionary, such was the vision that floated before his mind from boyhood; but he was already a great Christian.'

Whilst we mourn past horrors, we need to consider the part we are able to play in doing 'all that makes for peace and builds up our common lives.' As Christians we are mindful of the two critical commandments to love God and to love our neighbour. We must question our own and others' prejudices and fears, and seek to engage positively with those with whom we share the freedom to live and work that has been fought for at so great a cost. So let us pray for peace, work for peace, and engender peace in all that we think, say and do.

With every blessing

Philip

DEANERY NEWS

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WALSHAM-LE-WILLOWS

Saturday 11th November, 7.30pm, Walsham Drama Group presents A Celebration of Letters.

Saturday 18th November—Monday 20th November, Walsham Arts and Crafts Exhibition, 1pam—6pm. Priory Rooms.

WATTISFIELD

Saturday 21st October, **Car Boot / Table Top Sale**, 10-12 @ Wattisfield Village Hall. All pitches £5. tea and coffe and light refreshments available. Contact Irene on 07539 352722 or 01359 251696.

Saturday 4th November, **50/50 Auction**. Starts at 2pm. Viewing from 12 noon. Contact Irene on 07539 352722 or 01359 251696 or email bookings@wattisfield.org.uk

***See event posters for further details.

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Forthcoming Services (Cont)

Christingle Services

The following Christingle services will take place during the month of December to which ALL are warmly welcome:

3rd December 10.00am Walsham Church 7th December 9.30am Walsham Church Walsham CEVCP School December 11.00am Walsham Church Walsham CEVCP School 10th December 10.00am Badwell Ash Church

If anybody can offer help with preparation, refreshments or just being in attendance to assist please speak with Denise.

There will be a service of Compline at 7.00pm on Advent Sunday 3rd December in Walsham Church, these will be followed by other Compline services across the Benefice during Advent: details later.

Compline is a quieter, more reflective and traditional contemplative service, with its origins in the Monastic tradition of the 7th Century.

Services will last no longer than 20 minutes; you are most warmly welcome during the season of Advent



URGENT MESSAGE - GLASSES FOR THE 3RD WORLD.....

I am sure that many of you have those unwanted/old/out-of-date pairs of glasses lurking in a drawer - if you have - then please help for they are in great demand by Optician's who carry out voluntary work overseas.

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Freddie



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We have a plan to produce a spectacular display of knitted and crocheted poppies in St Mary's Church, Walsham during the Remembrance period in November.

If you are interested in knitting or crocheting and would like to help, please call Jan (259653) or Fiona (258223) for more details

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Contact Irene on 07539 352722 or email bookings@wattisfield.org.uk



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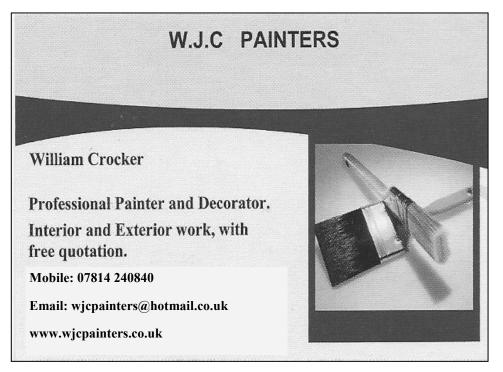
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A date for your diary

Walsham Drama Group presents:

A Celebration of Letters Saturday 11th November 7:30pm

Remembrance Day approaches and talented crafters of Walsham-le-Willows and it's surrounding villages are preparing to commemorate Armistice Day with a profusion of beautiful handcrafted poppies set to adorn St Mary's Church. To add to the occasion, Walsham Drama Group are planning to present an evening of letter readings. The letters to be read will be poignant, sometimes amusing, thought provoking, painful and tender. They will have been written by husbands, wives, sweethearts, mothers, fathers, sons and daughters, who speak of wisdom, love, loyalty, courage, and separation.

Letters from statesmen, generals and other leaders articulate concerns and strategies. All have one thing in common: they were written in times of conflict. In an era before twitter, emails and often even telephones, when the future was uncertain, a letter provided an opportunity to write about feelings of love and hope for the future.

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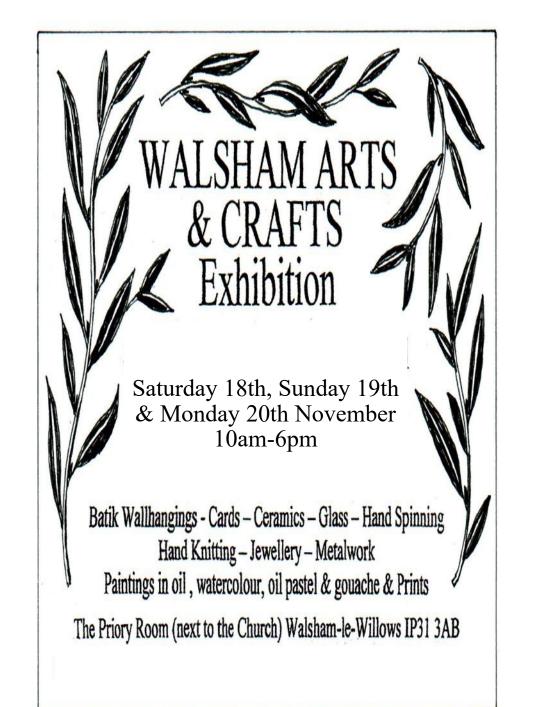
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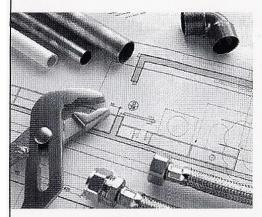


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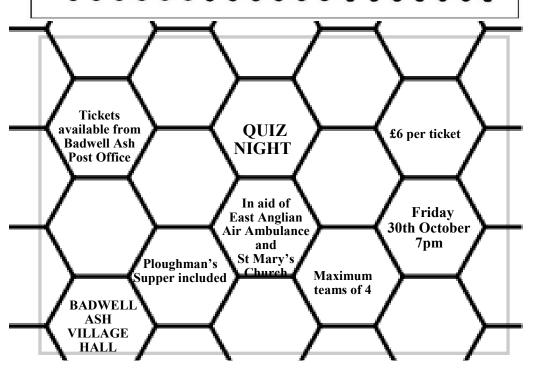
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WALSHAM LE WILLOWS CHURCH ORGAN

At the Epiphany Singers' concert in 2016 I asked the audience to become Organ Donors. On this occasion the request was not medical, but to support our project to replace the St Mary's church organ, damaged by water and slowly becoming irreparably damaged.

Walsham responded to this appeal with incredible generosity. The late Dr Russell and his family took a keen interest in supporting the future of the organ, and the irrepressible lan Toulson undertook a cycle tour of every cathedral in mainland UK to raise funds.

During the interregnum, the PCC felt they could not justify placing the organ appeal ahead of the pressing need to be able to fund a priest for the Benefice, and the needs of the church fabric. Even though the project was temporarily suspended, the organ appeal fund continued to swell to its current amount just short of £30,000. Community interest in the future of the instrument has never been lost.

Now, at last, with a new vicar at the helm, and a (nearly) watertight church, we have news for all our generous supporters. A Porritt Organ, beautiful and appearing to be perfectly sized to replace our much-loved instrument, is available and, equally important, affordable. This organ has the approval of our team of organ experts, including David Hill, of the Epiphany Singers. It will have more variety of sound, and an electrified action. It should last for at least 50 years and probably many more.

There are still many formalities we must complete, as well as due consideration by all members of the PCC, before we can embark on the actual work of organ transplant, but we are very hopeful that mid 2018 will see the new Porritt organ in place.

Once the project is up and running, we hope to involve supporters with activities such as a trip to the organ workshop, and a talk about church organs.

On behalf of Rev. Merry and the PCC, many thanks to all who have supported this aspect of the church's future, and we shall keep you updated as the project becomes reality.

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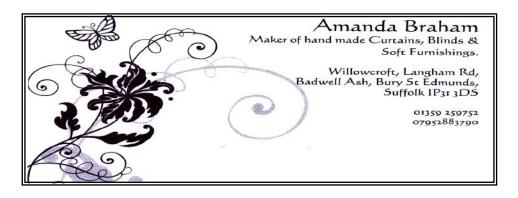
Tickets are £5 which will include a glass of bubbly. December 31st, 8.00pm till 12.30am, bring a dish of food to share and your own drinks.

For tickets contact Clive Mees on 01449 780394 or clive@waitrose.com



Bonfire Night is nearly upon us—here are some Bonfire funnies:

- Q. How many safety inspectors does it take to light a bonfire?
- A. One to light the match and three more to hold the fire extinguishers.
- Q. How many Mafia hitmen does it take to light a bonfire?
- A. One to light the match, one to watch his back and one to get rid of any witnesses.
- Q. How many civil servants does it take to light a bonfire?
- A. One to light the match and twelve more to fill in all the paperwork.
- Q. How many Apple employees does it take to light a bonfire?
- A. One to light the match and four more to design the T-shirt.



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Great Ashfield and Badwell Ash WI

October 12th Painting a Glass for Christmas November 9th "Nothing Like a Dame" by Horry Parsons December 14th Christmas Party

Visitors are always welcome to our meetings. Come along to Lord Thurlow Hall, Great Ashfield for 7:30 start. Contact Lyn for further details: 01359 259637

Walsham le Willows and District WI

We were privileged to see a very admirable partnership at work at our July meeting, when we were visited by Margo Harrison and her black cocker spaniel Pebbles. Trained as a Hearing Dog for the Deaf, Pebbles and Margo have been together for two years and it is Pebbles' task to alert Margo, who is profoundly deaf, to every phone call, timer, door bell and fire alarm at home and at work. We saw a gentle but insistent nudge with the nose and an indication of the direction of the sound. Though seemingly dedicated to her role in our demonstration, apparently, occasionally Pebbles when not wearing her special harness or jacket, can be a bit of a flirt and she certainly took the crowd of WI members in her stride. We were intrigued to hear that since training relies on a reward system and since owners undertake to keep their precious helpers fit and trim, when demonstrating Margo saves a little of Pebbles' supper to use as reward. Spaniels and retrievers are well known for their hearty appetites! A working Dog for the Deaf will have a ten to twelve year career after which they deservedly usually retire but invariably stay with the family. Margo and Pebbles proved excellent ambassadors for this worth while charity.

Our August meeting was an exercise in brain agility. Eyes were popping and brows furrowed as Colin Hopper teased members with his little bit of magic and optical illusions. Deciding whether we were shown a duck or a frog, a hag or a young girl and whether it was the right way up became puzzling. The intricacies of perception and the easy fooling of one's brain were explained by Magic Circle member Colin with his display boards. The flower of the month competition was for a dahlia and members were proud to hear that their entry for the Suffolk West Federation of WIs' Coronation Cup for flower arranging had been judged the winner. Wi President, Mary Bradley, was presented with a special flower arrangement in celebration of her 'special' birthday! Members will be enjoying a seaside trip to Aldeburgh shortly and will meet to run the WI tearoom at Walsham's Open Gardens Weekend on the August Bank holiday weekend.

At our September meeting on Wednesday 13th at 7.45pm in The Priory Room Walsham, we will learn more about the individuality of our finger prints with speaker David Smith and the competition will be for a homemade finger puppet.

IPSWICH AND SUFFOLK CREDIT UNION

The Parish of Walsham-le-Willows has joined with the Archbishop of Canterbury in his initiative to offer an alternative to Pay Day Loan Companies.

The Archbishop of Canterbury has endorsed and promotes Credit Unions nationwide. We had visits from the Ipswich and Suffolk Credit Union during the year 2014. As a result we now have two Walsham-le-Willows Parish members as Credit Union Representatives for anyone in the Benefice with any interests.

They are as follows:

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WATTISFIELD HARVEST AUCTION

BID FOR LINC!

Our Harvest Thanksgiving weekend finishes with a flourish on the evening of Monday October 2nd, when we have a short service at 7.15pm followed by our traditional auction of the harvest gifts which have been decorating our church. The proceeds of the auction are for a different charity each year, and we try to find one that is particularly timely and/or close to our hearts.

This year we are supporting the LINC charity (Leukaemia & Intensive Chemotherapy Fund) which is a local cancer support charity that works to improve the care of patients who are receiving treatment within Gloucestershire Hospitals NHS Foundation Trust (where Jay Price's daughter Rosie has been treated for acute myeloid leukaemia in Cheltenham for the last 7 months). From financial grants to sky TV, Linc provides whatever is needed to make the long hospital stay more bearable. Linc is there to help from the time of diagnosis, throughout treatment and for as long as required.

Jay told us in the early days of Rosie's treatment how grateful they were for all the thoughtful things that Linc had provided, and how supportive the charity was, so we decided to put the proceeds of our harvest auction towards this very good cause. If anyone would like to join us on Monday October 2nd to swell our numbers – and the coffers! – you would be most welcome, and we always have a really enjoyable time.

But a word of caution; if you do come, don't expect too many bargains. You may find yourself paying silly prices for bags of sugar or carrots, but it's all in the spirit of the evening and for a very good cause!

(If you are unable to come, but would like to donate to LINC, our treasurer Andrew Wright (01379 898233) would be happy to accept donations, and will add them to the amount raised on the night.)

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Lives Remembered (cont)

In 2001, always seeking something new, David set off to Italy and bought a small mediaeval house in Northern Tuscany. Learning Italian was then essential, with Marion trying to keep up. They had happy times there, making many Italian friends.

In 2013, they decided what an adventure it would be to "Escape to the Country" after many years living in a seaside town. In January 2014, just as they moved to Finningham, their episode of the programme aired. Fame at last! They quickly settled into the community, David, after much persuasion, becoming Treasurer of our beautiful church.

It is so very sad that David's happy life here in Suffolk with Marion was cut short. He simply loved the countryside and became well known as a forager of fruits for jam-making, and precious wood for the fire. He will be much missed by his family and friends for his wit, forthrightness, love of life, companionship, and the twinkle in his eye.





FINNINGHAM GARAGE SALES

Finningham PCC are very grateful to Pauline Goddard and Val Rowell for organising refreshments in the church at the annual garage sales held on Saturday 2nd September.

Thank you to everyone who baked cakes and scones and all those who helped in the church.

It was very successful and raised a grand sum of £371 in aid of the church.





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Weddings

Oliver Mohinder Gill and Laura Elizabeth Simpson 8th July 2017 St Margaret's

Church Wattisfield

Michael Owen Fleckney and Laura Rose Winch 29th July 2017 St Mary's

Church Langham

Daniel James Pratt and Chantell Mary Woods 12th August 2017 St Margaret's

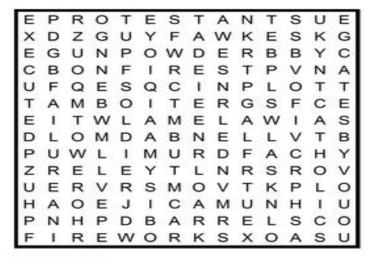
Church Wattisfield

Funerals

David Bell 26th July 2017 Cremation/Thanksgiving – Finningham

Sybil Hilda Boldero 22nd August 2017 Cremation - Westhorpe

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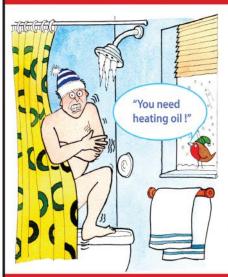
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An Evening with Terry Waite in Westhorpe 29th July 2017

You could have heard a pin drop in our packed village hall last Saturday night so enthralled were the audience listening to Terry Waite CBE. The event was made possible by one of our newer residents, Jenny Coles, who works



with Terry and suggested the evening as a fundraiser for the church.

A consummate and engaging, yet at times self-effacing, speaker, Terry Waite proved to be a natural communicator. As we know him best as a successful hostage negotiator, his theme focussed on the events leading to his own capture in Lebanon in the 1980s and the years he spent as a prisoner. Despite the horrors of captivity, much of it in solitary confinement, his humour shone through as he told us the story of finally receiving a book from his guard after months of asking. It's title - 'The Great Escape'!

A man of immense courage and compassion, Terry Waite shared with us some of the insights he had gained through his experiences. He survived the years of mental and physical torture through sheer determination, sustained by hope and faith. In his head, during those years, he formulatpublished. It was quite astonished a book which he later wrote and ing to learn that he bears no ill-will to those who held him and, indeed, is able to forgive them.

To illustrate his talk, Terry read extracts of prose and poetry from his most recent publication 'Out of the Silence'. This book is a collection of memories and reflections on the highs and lows of his life and the poetry we heard was very moving.

Terry Waite is one of the world's most respected humanitarians. Westhorpe was honoured to be able to welcome him amongst us and our visitors from surrounding parishes. I am sure most would agree that hearing Terry Waite speak was both uplifting and inspirational. It was, simply, unforgettable.

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"That time of year thou mayst in me behold

(Sonnet 73)" by William Shakespeare



That time of year thou mayst in me behold When yellow leaves, or none, or few, do hang Upon those boughs which shake against the cold, Bare ruined choirs, where late the sweet birds sang. In me thou see'st the twilight of such day As after sunset fadeth in the west; Which by and by black night doth take away, Death's second self, that seals up all in rest. In me thou see'st the glowing of such fire, That on the ashes of his youth doth lie, As the deathbed whereon it must expire, Consumed with that which it was nourished by. This thou perceiv'st, which makes thy love more strong, To love that well which thou must leave ere long.



"Autumn" by T.E. Hulme

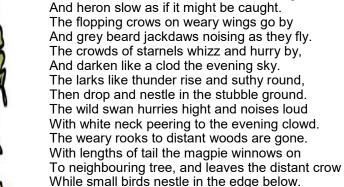


A touch of cold in the Autumn night— I walked abroad. And saw the ruddy moon lean over a hedge Like a red-faced farmer. I did not stop to speak, but nodded, And round about were the wistful stars With white faces like town children.

The wild duck startles like a sudden thought,



"Autumn birds" by John Clare

















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MORE THAN JUST AN ESTATE AGENT...



St Mary's Church, Badwell Ash The Turret Clock

St. Mary's PCC with The Heritage Lottery Fund has now successfully concluded the grant to St. Mary's Church for the completion of the Turret Clock Restoration. The clock is now working and keeping relatively good time – it is after all over 300 years old! It is also striking the hours for the first time in living memory. The chiming has been set up so as not to put too much strain on the clock mechanism although the PCC think it's a little too quiet and have asked Hayward Horological, the clock restorers to see whether they can alter the way the hammer strikes the tenor bell in the tower to make it louder.

The final part of the restoration process was to install a time capsule in the clock room. The time capsule contained such items as a copy of the Hexagon, the Badwell Broadsheet, copies of two national newspapers, a copy of the report sent to the HLF on completion of the project, a Coca-Cola can, an old smart phone and a selection of photographs of the village. It will be sealed in a niche in the wall of the clock room and covered with a plaque that says "Time capsule placed here in August 2017. Please remove in August 2067".

Also connected with St. Mary's is a further project which is also being carried out with financial help from the Heritage Lottery Fund. The Badwell Ash History Society is now beginning to research the lives and families of the soldiers who served in WWI in order to create a Heritage Trail which will start from the churchyard. The History Society will be looking to locate families still living in the village whose forebears served WWI to see whether they can help in their research and perhaps provide photographs which will be displayed on the website www.badwellashheritage.co.uk.

If anyone wishes to contact members of The History Society to help with this project or to give them some information about their relatives who fought in WWI, please get in touch with either Pat Monk patmmonk@gmail.com or Howard Newman howard@hanasos.co.uk. or call 01359 258538.

Howard Newman September 2017

Photo: Members of the PCC watching Rev'd Philip Merry placing nthe time capsule in the wall niche.



SERENITY YOGA CLASSES

Do you have a **new year's resolution** to get fit for summer? **Slim for spring**? Yoga could help! Do you get home after work feel-

ing uninspired and laze about knowing you should be doing something? Yoga could help!

Do you wish you could go to a class without judgement and not break the bank in going along?

Regardless of age, size and experience, my classes will have something for you.

Yoga will help to strengthen tone and increase your flexibility!

 $\label{eq:with classes in:} \begin{tabular}{ll} With classes in: \\ THE ROOM, WOOLPIT-MONDAY PM \end{tabular}$

THORPE MORIEUX VIL. HALL – WEDS PM

GREEN ROOM HAUGHLEY - THURS PM

Please do not hesitate to contact me for further details-

07930 199582

<u>serenityyogabethany@outlook.com</u> www.serenityyogasuffolk.com







LINEDANCING WITH ROSIE

ABSOLUTE BEGINNERS CLASS WEEKLY CLASSES

6pm—7pm

@ Westhorpe Village Hall

Church Rd, Westhorpe Stowmarket IP14 4SY £3.50 per class Any enquiries phone Rosie on



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WATTISFIELD TOWN ESTATE CHARITY

This Charity administers a modest income from lands given by the Rust, Osborne and other families of Wattisfield for the benefit of the inhabitants of the Parish. We are able to give grants throughout the year, to those less well off in the Parish and those who find they are in need of financial assistance because of unexpected additional expenses.

At this time of year we have given grants to help with school educational trips or for the purchase of books for study.

Grants are also given in cases of special hardship, for example due to serious illness, accident, redundancy or bereavement. We have also given grants for unexpected travel expenses.

Residents who do find themselves in difficulty and could benefit from a little financial help may apply directly to the Charity and each case will be assessed on its own merits.

To obtain an application form please write in confidence to:

The Trustees, Wattisfield Town Estate Charity, Hall View House, Chapel Road, Wattisfield, IP22 1NU.

Charity Commission Registration No. 211095



COMMUNITY YOGA FOR HEALTH

Simple breathing, stretching and relaxation.
Suitable for beginners

Thursdays 7.15-9.15 at Walsham School

Details from Julia (BWY) 01359-259688

jdunnicliffe@btinternet.com



Westhorpe Gardening Club invites you to:

A talk by **Timothy Cutler**

"Medicinal plants and the Chelsea Physic Garden"

When: Friday 20th October 2017, 7.30pm

Where: Westhorpe Village Hall, Church Road, Westhorpe, Stowmarket

IP14 4SY

Cost: £5.00 per ticket

A talk by **Bob Flowerdew**

"Starting Right"

Bob is an organic gardener, and television and radio presenter. He is a regular panel member of BBC Radio 4's Gardeners Question Time. 90% of successful gardening is good husbandry: sowing, potting, transplanting, watering and harvesting. He will be talking about the importance of the basics!

When: Friday 21st April 2017, 7.30pm

Where: Westhorpe Village Hall, Church Road, Westhorpe, Stowmarket

IP14 4SY

Cost: £6.50 per ticket

For tickets or further information contact **Martin Little** via westhorpegarden@gmail.com or call 01449 780301



Senefice Services August-September 2017

1st OCTOBER 8.00am 11.00am 11.00am 3.00pm 6.30pm	16 th SUNDAY after TRINITY Holy Communion Family Harvest Festival Harvest Thanksgiving Family Harvest Festival Harvest Thanksgiving	Walsham Walsham Wattisfield URC Westhorpe Wattisfield URC
2nd OCTOBER 7.15pm	Harvest Thanksgiving (Followed by fun charity auctio	Wattisfield URC n in aid of LINC)
8th OCTOBER 8.00am 9.30am 10.30am 11.00am	17 th SUNDAY after TRINITY Holy Communion Family Communion Songs of Praise Morning Worship	Walsham Finningham Walsham Wattisfield URC
15th OCTOBER 8.00am 10.00am 11.00am 6.00pm	Holy Communion Family Communion Holy Communion Evensong	Walsham Badwell Ash Wattisfield URC Westhorpe
22nd OCTOB! 8.00am 10.00am 11.00am 11.00am	ER 19 th SUNDAY after TRINITY Holy Communion Family Communion Matins Morning Worship	Walsham Finningham Walsham Wattisfield URC
29 th OCTOBE 8.00am 10.00am 11.00am 3.00pm	R LAST after TRINITY/ BIB Holy Communion Benefice Communion Morning Worship Evensong - said	LE SUNDAY Walsham Westhorpe Wattisfield URC Walsham
1 st NOVEMBE 9.30am	R ALL SAINTS DAY Holy Communion	Walsham
2 nd NOVEMBER ALL SOULS DAY/ FAITHFUL DEPARTED		

Compline/ Reading of Names Walsham

7.00pm

Senefice Services August-September 2017

5 th NOVEMBER 4	th SUNDAY before ADVENT
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8.00am	Holy Communion	Walsham
10.00am	Holy Communion	Westhorpe
10.30am	Holy Communion	Walsham
11 00am	Holy Communion	Wattisfield LIRC

12th NOVEMBER REMEMBRANCE SUNDAY ***

8.00am	Holy Communion	Walsham
10.15am	Remembrance Service	Badwell Ash
11.00am	Remembrance Service	Wattisfield URC
3.00pm	Evensong-said	Walsham

^{***} Remembrance Sunday Services in Walsham, Finningham and Westhorpe will follow the Act of Remembrance at the village war memorials. Please assemble for 10.50am.

More information on this is in "Forthcoming Services".

19th NOVEMBER 2nd SUNDAY before ADVENT

8.00am	Holy Communion	Walsham
10.00am	Holy Communion	Badwell Ash
10.30am	Songs of Praise	Walsham
11.00am	Morning Worship	Wattisfield URC
3.00pm	Evensong	Westhorpe

26th NOVEMBER CHRIST the KING

8.00am	Holy Communion	Walsham
10.00am	Family Worship/ Workshop	Finningham
11.00am	Matins	Walsham
11.00am	Morning Worship	Wattisfield URC

3rd DECEMBER ADVENT SUNDAY

8.00am	Holy Communion	Walsham
10.00am	Christingle	Walsham
10.00am	Holy Communion	Westhorpe
11.00am	Holy Communion	Wattisfield URC
7.00pm	Compline	Walsham

Wednesday Morning Eucharist In the Priory Room at 09.30 followed by Refreshments and Fellowship

October: 4th, 11th, 18th, 25th November: 1st, 8th, 15th, 22nd, 29th